



Do You Know?

Approximately 2,500

surgeries requiring anesthesia are performed at the Yarmouth Regional Hospital each year.

The goal of this year's Spring Appeal is to build upon the success of the Spring Gala, which raised \$47,000 towards the \$62,000 needed to upgrade the hospital's three anesthesia machines.

Coming events

Jody Shelley Golf Fore Health will be held July 22 at River Hill Golf Course in Shelburne County.

Hullabaloo 2016, The Women's Auxiliary's annual sale, will be held at the Mariners Centre Saturday, Sept. 17.

Memorial gifts

Memorial donations may be made through your local funeral home or by phone, mail or online. Visa, MasterCard & Amex are accepted:

Yarmouth Hospital Foundation

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The gifts, the givers

Donors choose many ways to support the work of the Hospital Foundation

Insuring the future

Over the four years Marcel Pothier has served on the Yarmouth Hospital Foundation Board, he's learned what it takes to manage fundraising to sustain excellent health care in south west Nova Scotia.



Shara and Marcel Pothier

The owner/manager of Tusket Ford and his wife Shara, the company's Controller, have chosen to make a major gift to the Foundation by investing in an insurance policy — they make monthly payments on the premium and the Foundation owns the policy.

"We'd love to be able to write a cheque for \$175,000 to the Foundation, but we don't have that kind of money at our disposal," Shara says. "But we can write a small cheque every month for an insurance policy that will be payable to the Foundation when we pass."

"And it's really easy to set up," says Marcel.



Jenny Campbell

Payday giving is nurse's prescription

Jenny Campbell is a young nurse working part-time in Oncology at the Yarmouth Regional Hospital who feels it's never too early to start giving back and contributing to the future of excellent health care in her community.

Jenny, 27, is one of a many staffers at the hospital who do their bit by making payroll deductions to support the Yarmouth Hospital Foundation, which is the fundraising organization for the hospital that provides health care in Southwest Nova Scotia.

"You could easily spend \$20 a week at Tim's," Jenny says, adding that regular payroll deductions mean that she doesn't miss the money, and it doesn't have the impact on her budget that a single large deduction does. "The bonus is that I know exactly where my money is going and what it's doing".

'As you grow older, you will discover that you have two hands, one for helping yourself and the other for helping others.' — Sam Levenson



Abel Doucet is ‘a lucky man’

Abel Doucet clearly recalls awaking at the Yarmouth Regional Hospital with Dr. Rajender Parkash standing over him holding the paddles that brought him back to life. It was Sept. 25, 2007. Abel had just had a cardiogram, when the technician put him in a wheelchair and pushed him to Outpatients.

“Dr. Parkash got me on a stretcher and stuck a needle in my stomach,” Abel says. “My heart stopped for

several minutes.”

Later, Parkash came to him in Intensive Care, and said, “Abel, you’re a lucky man.” Abel was then flown to Halifax for a triple bypass.

The retired scallop fisherman and Rose, his wife of 54 years, live in Pleasant Lake. They are forever grateful for the care he receives, and not only when the staff there saved his life. “They just look after him,” says Rose.



PHOTO/SHAWN BOURQUE

Abel and Rose Doucet grateful for hospital care.

Volunteers help keep the office running



Dr. Don King

was called to an emergency in October, 2003. But this time the emergency called on his passion for computer programming.

The Raiser’s Edge software, which is used by the Yarmouth Hospital Foundation to keep track of donors, donations and receipting, suffered a disc failure and most of the data was lost. And

there was no backup. The radiologist did his best to aid in the retrieval of whatever information was left.

He was hooked and became the Raiser’s Edge expert after he retired in 2004, even taking courses to expand his knowledge of the program on his own dime.

Don spends Friday mornings at the Foundation office fine-tuning Raiser’s Edge, even logging in online when he’s wintering in Florida.

“My work here is not all for the Foundation’s benefit,” he says. “It’s for my benefit, too.”



Doris Cook

retired as Supervisor of Microbiology at the Yarmouth Regional Hospital in 2003, and immediately shifted gears and accepted an invitation to join the Board of the Yarmouth Hospital Foundation. She has been volunteering in various roles ever since. When she retired from

the board after six years, Doris moved into the Foundation office, helping out there every Wednesday.

“I do anything that will help them, from stuffing envelopes to updating the mailing lists to checking obituaries,” she says. “It’s a joy to work there — our efforts are really appreciated.

“We can be proud of our hospital,” Doris says, speaking of the teamwork she observed during her years on staff. “Everyone is committed to giving good care.”

That teamwork carries over to the work of the Foundation board, staff and volunteers, she adds.