



New equipment will make breathing easier

Breathing is second nature — until it sometimes isn't.

People with respiratory illnesses can't take it for granted. They have asthma, chronic obstructive pulmonary disease (COPD), sleep apnea, or other restrictive lung condition.

The Christmas Appeal of the Yarmouth Hospital Foundation (YHF) is hoping to raise \$53,345 to purchase new equipment for the Respiratory Department:

- One V680 BiPAP to provide advanced high performance ventilation for critically ill patients.

- Two Level III sleep units to diagnose obstructive sleep apnea.
- One bedside spirometer that will allow clinicians to monitor lung function.
- Other necessary respiratory diagnostic and treatment equipment.

New Chair welcomes community support

Don Cook, the new Chair of the Yarmouth Hospital Foundation, believes that maintaining and expanding on the "great relationship we already have with the community" is job one.

Cook admits that he didn't really appreciate how the Foundation helps meet the



Don Cook

healthcare needs of people in southwestern Nova Scotia, until he was appointed to the board in 2011.

He credits the dedication of fellow board members for bringing a wide range of skills to its service and fundraising responsibilities. "They share a passion for serving their community and the goal of making the Yarmouth Regional Hospital better," Cook says. "A better regional hospital benefits all of the residents from Digby through to Shelburne."

"But we couldn't do our job without the generous support of many donors — the Women's Auxiliary, the businesses who sponsor our signature events and host third party events, and all of the wonderful volunteers who help in so many ways."



The 2018 calendar is now available at the Yarmouth Hospital Foundation office in the main lobby of the hospital. Cost is \$10.

Did you know?

Emerald City Is the theme of the 2018 Spring Gala next April 28. Tickets are now available by contacting the foundation office, 902-749-1669.

Coming events

Healthcare Foundations Day will be held Monday, Nov. 27 to celebrate the crucial role foundations play in supporting the delivery of health services across Nova Scotia.

Giving Tuesday follows on Nov. 28. It's a day focused on reminding all Canadians to give generously to the charities of their choice, including the Yarmouth Hospital Foundation.



Radiothon kicks off fundraising year

Mark your calendar for the 2nd Annual **WE CARE Radiothon** to be broadcast on Y95 — CJLS Thursday, Feb. 1, 2018.

The Radiothon's goal is to support the Yarmouth Regional Hospital's (YRH) Maternal-Child Department, says Radiothon Chair Jeff Little.

Through the support of our

generous sponsor, donors and volunteers, the YHF was able to purchase a portable ultrasound with a cardiac probe for the ICU.



What your donor dollars buy

All 10 renal dialysis chairs in the Yarmouth Regional Hospital's Renal Dialysis Unit have been replaced.

This is just one expenditure funded by the generosity of our donors, participants in the 2016 Jody Shelley Golf Fore Health and Bean There Ran That Marathon.

The chairs are more comfortable for patients and caregivers alike. Each patient spends at least 4 hours, three days a week in a dialysis chair while blood is removed, filtered and put back.

The Foundation relies on the generosity of donors to provide essential equipment to all areas of our regional hospital.

There are a number of ways to give:

- Donate by cheque, credit card or online
- Set up a monthly donation.
- Leave a bequest.
- Make a memorial donation.

Yarmouth Hospital Foundation

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Fun was par for the course at the **Jody Shelley's Golf Fore Health** June 30 at River Hills Golf and Country Club in Clyde River. The tournament raised \$44,000 for equipment for the YRH rehab department. The Full Tilt Fisheries team got into the Canada 150 theme with Jean Marc d'Entremont getting a lift from (L-R) Jeremiah Nickerson, Brandon d'Entremont, and Guy Rohland.

Radiation centre awaits report

The Nova Scotia Health Authority (NSHA) has promised a report and recommendations on the need for a cancer radiation centre for western Nova Scotia by late spring 2018.

The centre would serve NSHA Zone One, which includes Annapolis, Digby, Yarmouth, Shelburne and Queens counties. It would be located at Yarmouth Regional Hospital.

A petition advocating for radiation therapy for western Nova Scotia, circulated by the Western Nova Scotia Cancer Support Network Facebook group, amassed 14,345 signatures. It was presented to the Legislature by

Education Minister Zach Churchill, and MLAs Chris d'Entremont and Gordon Wilson in October.

If the NSHA approves a radiation therapy centre, the Yarmouth Hospital Foundation Board will be in a position to launch a major fundraising effort.

The facility would serve a population of more than 100,000. It has the support of the councils of the towns of Yarmouth, Digby and Lockport, Annapolis and Kings Counties, and the municipalities of Argyle, Digby, Shelburne and Yarmouth.

Halifax has six radiation machines and Cape Breton has two.