

LOOKING AFTER

your heart

WITH YARMOUTH HOSPITAL FOUNDATION 

'Tis the season... of confetti and roses. The radio is playing love songs, the stores are full of pink paper and glitter. It's the time of the year where the state of the heart is everywhere... and here at Yarmouth Hospital Foundation, we're thinking about hearts, too. Just maybe a little differently...

Ahead of our **♥ 2022 WE CARE Radiothon ♥** (coming to you on March 3rd with Y95.5), we thought we'd take a moment to tell you about the cardiac equipment that we will be raising funds towards at that event. Since it seemed seasonally appropriate to talk hearts today, here's the rundown of the additions we're making to our Diagnostic Imaging Department with your help!

♥ An **Echocardiography Unit**: An echocardiogram uses ultrasound to image your heart and help your doctor identify heart disease. Yarmouth Regional Hospital currently has some long wait times for this exam, and the purchase of an additional unit will speed things up considerably.

If your doctor requires more detailed images than the echocardiogram provides, the next piece of equipment they would turn to would be a ♥ **Transesophageal echocardiogram (TEE) probe**. This will be a new piece of equipment and a new service for your Regional Hospital. Purchase of this new equipment will mean that local patients won't have to travel to Kentville or Halifax for this scan.

We're also fundraising for an additional ♥ **Cardiac Stress Test unit**. This piece is an important tool: exercise stress tests can be helpful in revealing any issues with blood flow in the heart.

♥ The **Stress Echo Bed** is a special kind of medical bed with a bicycle attachment that can be used fully lying down on your back. It's a diagnostic tool that means your doctor can obtain echo images of your heart during exercise/stress without you needing to be able to be on your feet, especially helpful for patients with mobility issues! This is another new piece of equipment that will help prevent local patients from having to travel to Kentville or Halifax for their scans.



"The support of the hospital foundation in purchasing this equipment has helped us successfully recruit a Cardiologist to Yarmouth, something we have been without for 8 years!" says Dr. Brian Moses.

Given that many cases of premature heart disease and stroke are preventable through healthy lifestyle behaviours, enabling our doctors to better diagnose heart problems earlier will only help foster a more heart-healthy Tri-County area.

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"This new Cardiologist, along with the equipment, will give us further testing and treatment capabilities here which will mean less travel to Kentville or Halifax for patients from the tri-county area."

So, this newsletter goes out to you, our donors, with a ♥ heart that is full of gratitude for all that you do and full of hope in anticipation of our **♥ 2022 WE CARE Radiothon ♥**.



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