



Yarmouth Hospital Foundation

ANNUAL Impact REPORT 2022



Integrity. Credibility. Accountability. Sustainability. Philanthropy. Community. Inclusivity.

Our Mission

The mission of Yarmouth Hospital Foundation is to support and enhance our hospital as a community and regional centre of excellence in health care.

Our Vision

Advancing opportunities that inspire donors, both of today and tomorrow, the foundation strives to be a leader in health care philanthropy by building meaningful, life-long donor relationships. We encourage transformational giving to support health care innovation and excellence at Yarmouth Regional Hospital and throughout the region for our families and the community.

Our Promise

Committed to quality health care delivery, we connect generosity to opportunities to change and save lives.

Yarmouth Hospital Foundation 2022 Board of Directors



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Plymouth
President, N. LeBlanc
Enterprises Ltd.



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South Ohio
Retired Dean,
Dalhousie School of
Medicine.



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Arcadia
Pres., Rayanne
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Patrick Wallace
East Kemptville
Owner, Trout
Point Lodge.

Welcome to our 2022 Impact Report

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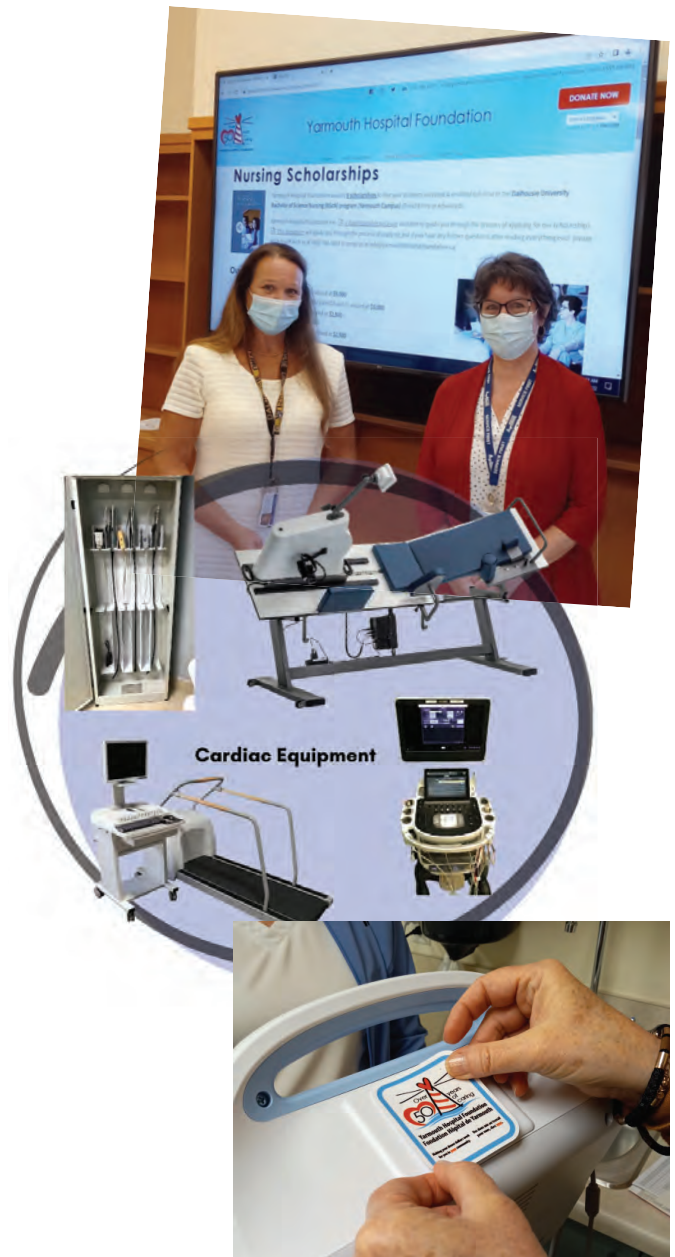
In 2022, Yarmouth Hospital Foundation (YHF) committed **over three million dollars towards essential equipment** for Yarmouth Regional Hospital (YRH), serving Yarmouth, Digby and Shelburne counties. Among these purchases were **\$56,403 towards a complete tray delivery system** for Nutrition and Food Services (*page 20*) and **\$300,000 worth of cardiology equipment**, which was our Radiothon focus (*page 8*), and helped recruit a new community cardiologist to Yarmouth Regional Hospital!

Also –

We administered **nine nursing scholarships** (four for the first time!) to nine incredible students at the Dalhousie School of Nursing, Yarmouth Campus (*pages 4-6*). One of these was an equity, diversity and inclusion scholarship named for notable Yarmouthian nurse and humanitarian, Sara Corning.

We issued **eleven grants** to community initiatives, projects, or programs within the Tri-Counties through our new Commitment to Healthcare Community Fund! (*page 10*)

We gratefully **received donations** from some incredible people in our community (*pages 7, 12, 24, 26*) and also were finally able to **tag some of the equipment** that we couldn't during the pandemic years! (*page 31*)



How was your year?

11

departments received vital equipment

\$150,000

grant funding for community health care projects

1

new cardiologist recruited thanks to our donors

9

RN nursing scholarships funded (Dal. School of Nursing, Yarmouth campus)

2

LPN nursing scholarships funded (NSCC Burrige)

2

Physician Recruitment initiatives supported: the Dalhousie University Medicine Residency Program and the Community Navigator Program.



2022: A Year in Review



Message from The Chair



Neil LeBlanc

Chair,
Yarmouth Hospital
Foundation

An important transition I've witnessed during my tenure as chair of the Yarmouth Hospital Foundation Board of Directors is the shift in our donors' understanding away from the idea that our hospitals' equipment is largely funded by the province. From replacing end-of-life items to keeping up with the latest advances in medical technology, it falls on communities and hospital foundations like ours to supply most of the medical equipment that our regional hospital needs. That realization is key to understanding just why we fundraise, and why we are always working hard to engage with our valued donors (like you) and to communicate the vital needs of our regional hospital to our community.

People often ask me how the foundation 'chooses' what to buy for the hospital, but the thing is, we don't. We're not the experts: we're the conduit between the generous people of the Tri-Counties who want to look out for their neighbors and the experts at Nova Scotia Health who determine the equipment needs and priorities of our regional hospital. In 2022, the foundation committed over \$3 million towards vital equipment for Yarmouth Regional Hospital per the assessed needs list presented to us and prioritized by Nova Scotia Health.

Our board is committed to ensuring that the quality of the equipment available is excellent and that your investments in the health and well-being of your community advances the quality and scope of care our hospital can provide, right here at home. Last year, two of our major fundraising campaigns enabled YRH to offer services here in Yarmouth that local patients previously had to drive to Kentville or Halifax to get. I call that a win for our hospital and our community!

Looking ahead, the foundation's major challenge is to make sure we can continue to meet the needs for new equipment, services, and facilities by continuing to engage the support of our donors throughout the Tri-Counties. Fortunately, our board is comprised of a wide range of qualified volunteers from Yarmouth, Digby and Shelburne counties who help ensure that we meet this challenge head on and empower our hospital and front-line workers to serve the health care needs of our community. To them, and to the rest of our incredible community of generous donors and hardworking staff and volunteers: thank you. Yarmouth Regional Hospital is better for all that all of you do.

Nursing Scholarships

Investing in the future of health care

2022 was an exciting year for the Yarmouth Hospital Foundation nursing scholarship program for students entering the Dalhousie University Bachelor of Science Nursing (BScN) program (Yarmouth Campus). For the first time, we had nine scholarships to award as opposed to five.

Among our new-for-2022 scholarships was the \$5,000 Sara Corning Equity, Diversity, Inclusivity Scholarship, named after the Yarmouth nurse who helped rescue and care for thousands of Armenian and Greek orphans for many years after World War I. (*page 6*) The other three new scholarships (A, B and C), each valued at \$3,000 were endowed by an anonymous donor. These scholarships join four other endowment-created scholarships provided by donors from the Tri-County area, plus, of course, the annual \$5,000 YHF scholarship.

It was also our first year funding two \$2,500 scholarships for LPN students enrolled in the Practical Nursing and Practical Nursing Re-entry to Practice programs at NSCC Burrigge Campus. (*page 6*)

“With the current rising need of health care workers, there is an opportunity for Yarmouth Hospital Foundation to assist in our community,” noted Board Chair Neil LeBlanc, “and to invest in the future of health care in the Tri-County area.”

Silent Generosity

An anonymous donor funded three new scholarships

In early 2022, a donor reached out to Yarmouth Hospital Foundation with a specific goal in mind: they wanted to set up an endowment that would be used to generate the funds towards scholarships for the Dalhousie University Bachelor of Science Nursing (BScN) program (Yarmouth Campus) that would be administered through the foundation. This donor had a wonderful chat with Mary, our managing director, and made two things abundantly clear throughout their discussions. Firstly, it is of deep importance to our donor that they are able to make an investment in the future of health care in the Tri-Counties, and secondly, it is also deeply important to them that we ensure that they remain anonymous in doing so.

This donor was a gifted sciences student in their youth and is someone who profoundly values education. However, due to growing up in a large family of modest means, they were never able to realize their dream of furthering their education and going to university. This gift is their way of helping someone else have the opportunity they missed.

Our anonymous friend sponsored three new Nursing Scholarships for us, known now as Scholarships A, B & C, and this is our small way of saying ‘thank you’.



Meet the 2022 Winners!

YHF SCHOLARSHIP \$5,000: Carson Duffus

"From a young age, I desired to be in a profession that would provide me with satisfaction, fulfillment and empowerment. To me, the nursing profession encapsulates all these traits."

DAVID R. HALL SCHOLARSHIP IN MEMORY OF DR. MARGARET CHURCHILL \$5,000: Abbey Miller

"As a patient in ICU, many people in many health care disciplines helped me, but the nurses were the ones who really made a lasting impact. Throughout my practice I hope to give others what they gave to me."

SARA CORNING EQUITY DIVERSITY, INCLUSIVITY SCHOLARSHIP \$5,000: Mourisia Campbell

"I've always wanted to be a nurse from a very young age but never really knew why until my sister was born. My mother had a very difficult birth and everyone was freaking out except one nurse. She is my inspiration."

SCHOLARSHIP A \$3,000: Jen MacLean

"I want to give back to my community by helping in the best way I can with the nursing shortages due to the health care crisis."

SCHOLARSHIP B \$3,000: Marin Callaghan

"My dad has been a very important role model in my life and is one of the reasons I decided to pursue nursing. My goal is to pursue pediatric nursing or possibly oncology."

SCHOLARSHIP C \$3,000: Jenna Ebbett

"I'm excited to be able to help people get better and make people more comfortable when they are sick or injured."

DRs. RAJENDER & ASHA PARKASH SCHOLARSHIP \$2,500: Hanna Marshall

"It pains me to see people hurting and struggling to gain access to our limited health care resources. It motivates me every single day to pursue my dream as a nurse so that I can help support those in need of medical care. Nursing is such a broad and far-reaching role."

EILEEN R. MORISSET SCHOLARSHIP \$2,000: Giselle Spidle

"I've had many experiences in the last few years in health care and I've realized this is exactly where I'm meant to be. My main goal in life is to have an impact on the lives of others by making their hard days better ones."

LINA & ALPHIE COMEAU MEMORIAL SCHOLARSHIP \$1,500: Rayanne Oakley

"My whole life I've always wanted to help people in any way I could. The thought that one day I could possibly help others get through their battles or struggles encourages me to persevere on a daily basis."



Carson Duffus
YHF SCHOLARSHIP



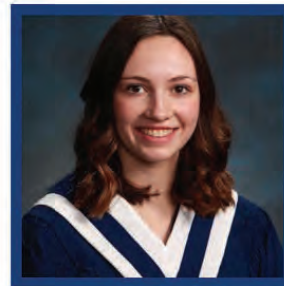
Abbey Miller
DAVID R. HALL IMO DR.
MARGARET CHURCHILL
SCHOLARSHIP



Mourisia Campbell
SARA CORNING EDI
SCHOLARSHIP



Jen MacLean
SCHOLARSHIP A



Marin Callaghan
SCHOLARSHIP B



Jenna Ebbett
SCHOLARSHIP C



Hanna Marshall
DRs. RAJENDER & ASHA
PARKASH SCHOLARSHIP



Giselle Spidle
EILEEN R. MORISSET
SCHOLARSHIP



Rayanne Oakley
LINA & ALPHIE COMEAU
MEMORIAL SCHOLARSHIP

New Sara Corning Scholarship

Sara Corning (1872-1969) was a Canadian nurse and humanitarian from the Yarmouth area who served as a Red Cross nurse in the First World War. She is recognized across the world for saving the lives of thousands of Armenian and Greek children during an upheaval in Turkey in 1922, and as a figure of service and compassion. Her legacy is celebrated by the Sara Corning Society and the Sara Corning Centre for Genocide Education (in Toronto) and now by Yarmouth Hospital Foundation's Sarah Corning Equity, Diversity, Inclusivity (EDI) Scholarship.

The foundation board believes that it is especially appropriate to dedicate this scholarship to Corning, not only as a great nurse, but a great proponent of the power of education to change lives. She is noted to have said that "The hope for the future of all nations is education." Through funding this scholarship, Yarmouth Hospital Foundation hopes to ensure the memory of this great Yarmouthian will live on as an example to us all.

"With the current rising need of health care workers there is an opportunity for Yarmouth Hospital Foundation to create another nursing scholarship," notes Board Chair Neil LeBlanc. "To do so in a way that can help those who have been disadvantaged over the years is an important way to honour Sara Corning's legacy and to assist in our community."

Dr. Shelley Cobbett, site administrator of the Dalhousie University School of Nursing (Yarmouth Campus), is thrilled by the new scholarship. "The creation of this scholarship represents an important initiative toward enhancing diversity and inclusivity within our student population and ultimately the nursing profession. Sara Corning was the epitome of a committed nurse, and we are certain she would be honoured to know that we continue to advance her mission in her hometown of Yarmouth."

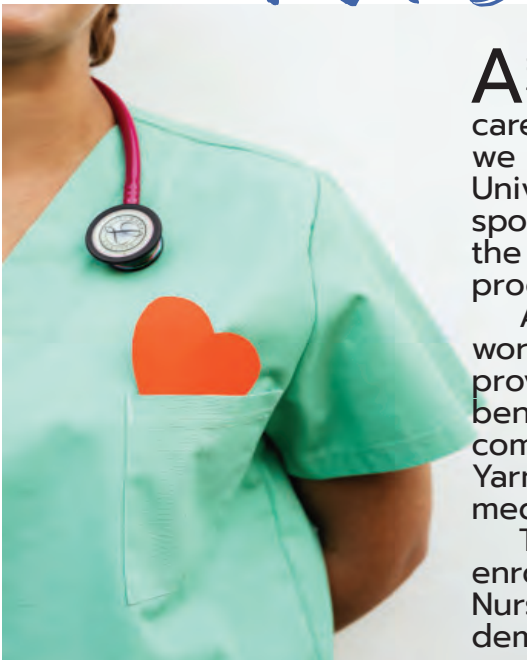


LPN Scholarships at NSCC

As part of Yarmouth Hospital Foundation's ongoing commitment to assisting with the education and recruitment of health care professionals for Yarmouth Regional Hospital, in 2022 we expanded our scholarship program beyond the Dalhousie University Bachelor of Science Nursing Program. We proudly sponsored two \$2,500 scholarships for LPN students enrolled in the Practical Nursing and Practical Nursing Re-entry to Practice programs at NSCC, Burrige Campus.

As the NSCC website tells us, "Licensed practical nurses (LPN) work collaboratively with other health care professionals to provide exceptional care to their clients, as well as promote the benefits of healthy lifestyles to individuals, families, groups and communities." They are an important part of the team at YRH and Yarmouth Hospital Foundation is proud to continue to support medical education in our community through these scholarships.

These scholarships were open to full and part-time students enrolled in any year of study of Practical Nursing and Practical Nursing Re-entry to Practice at Burrige Campus who could demonstrate financial need and good academic standing.



Meet Sophia

The young donor inspiring all of us in the YHF office!

Sophia Moulaison was nine and a half when she made her first donation to the Yarmouth Hospital Foundation's 2022 Spring Appeal.

The hand-written letter she wrote accompanying her donation was signed with her name and a big red heart and it touched the hearts all of the Yarmouth Hospital Foundation staff. "You have done so much for our community," she wrote. "A big thanks to you, Yarmouth Hospital."

Sophia was visiting her grandparents – Lorna and Brian Amirault – when they opened their mail, including Yarmouth Hospital Foundation's Spring Appeal newsletter. The letter described our goal, to raise money towards the \$70,000 purchase of two multi-parameter vital signs monitors for the Emergency Department. The monitors provide information on blood pressure, oxygen saturation, cardiac activity and more. "I thought I should probably send something back and I didn't have a lot of money, so I wrote the note and Grammy put some money in there," Sophie explained.

"Sophia's letter and contribution have been an inspiration," said Mary Surette, managing director of Yarmouth Hospital Foundation, when she met with Sophia to bring her the charitable receipt for her gift. Sophia's letter has been framed and is proudly displayed on Mary's office wall.

Sophia is in grade 4 at Meadowfields, but she already has big plans for her future. "I want to be a nurse when I grow up," she confessed.

Our young philanthropist has said that she intends to continue to support the foundation and other worthwhile charities in the future. She also encourages her brother, Benjamin, who's three years younger, to follow her example, said their mom, Melissa Moulaison, a teacher at Maple Grove.



Virtual Radiothon, Real Impact

YHF's WE CARE Radiothon 2022 fell on March 3rd and was designated to raise funds for much-needed cardiac equipment for Yarmouth Regional Hospital. The fact that this equipment would be used to help recruit a cardiologist to your regional hospital was going to make this a very special radiothon even before we got started, but circumstances also dictated some changes to our plans that made things... a little unusual!

When Omicron hit Nova Scotia after we sent out the radiothon 'save the date' cards, we realized that we were in a pickle. We needed to put some protections in place for our community and do whatever we could to keep our donors and volunteers safe. This led to the decision to hold the first-ever all-virtual event a month after our usual date!

What would an 'all-virtual' radiothon look like? No one was exactly certain, but our intrepid committee rose to the challenge — as did our presenting sponsor, Y95.5, who changed the date without batting an eye. What would we do without them?

We launched some initiatives to engage with our community in new ways. Our Facebook trivia contest was so much fun and so interesting — who could have imagined that Yarmouth Regional Hospital did so much laundry every day? We also can't forget how our first-ever online auction was the source of much excitement thanks to the generous prizes that were donated and the buzz around the bidding!

Talking of donors, it was amazing to see so many returning sponsors and community partners who had been generous with their donations stepping up to be official sponsors this year. And you, our donors, our community, you showed up — as you always do — in an incredible way. There's still an electric current in the foundation office every time we think about it: \$179,000+! What a total! What generosity! It shows us just how much the people of the Tri-Counties support their regional hospital and want to step up to make an impact on health care.

And remember: there's a new cardiologist at the hospital because of YOU! You are making a difference to health care in the Tri-Counties! Thank you!



The Real Impact of Your Donations

Meet the new community cardiologist at YRH

Yarmouth Hospital Foundation's WE CARE Radiothon 2022 was special for a couple of reasons. Firstly, it was an all-virtual event that raised over \$179,000. Secondly our fundraising focus was on cardiology equipment. Why is this so special? Because of your generosity, the cardiology equipment that you funded through the WE CARE Radiothon played a significant role in the recruitment of a community general cardiologist!

We announced at the time of the WE CARE Radiothon that a cardiologist would be starting in the fall, and Dr. Joshua Janzen started right on schedule. Since then he's been exceedingly busy caring for the many patients who need his expertise.

Born in Calgary, Dr. Janzen was raised and educated through medical school and his Internal Medicine residency in Saskatchewan. After completing his Internal Medicine training, Dr. Janzen travelled out east to Halifax where he completed his cardiology residency training at Dalhousie University. Now, he's moved to our lovely corner of the world, and he says he's excited to be able to practice here.

Welcome to Yarmouth, Dr. Janzen!

You, our donors, have played a vital role in physician recruitment and expanding services at your regional hospital. Thank you for making this possible! Thank you for making a difference in health care!



Working alongside our valued board members, there is a dedicated team of us here in the Yarmouth Hospital Foundation office. We get a front-row seat every day to the generosity and compassion of our community.

Our team is here to help you make a meaningful commitment to support and enhance your regional hospital as a community and regional centre of excellence in health care.

Left to right:

Mary Surette, managing director;
Heather Fleck, development officer;
Mark Vincent Endaya, accounting clerk & administration;
Maia Mathieu, marketing communications officer.

Meet the Office Team



YHF's Commitment to Healthcare Community Fund

2022's Commitment to Healthcare Community Fund Grant Recipients

Bay Side Home (Barrington): Two Hippocampe all-terrain chairs to take residents outside of the home to areas of the community, such as beaches and trails, that lack wheelchair accessibility.

Children's Aid Foundation of NS: Health & Well-Being Fund exclusively for underserved, at-risk and vulnerable children and former youth in care, ages 0-24, in the Tri-Counties.

Digby & Area Health Services Charitable Foundation: Infant scale and baby warmer for Digby General Hospital.

Le Transport de Clare Society: Transportation to and from hospital for medical appointments such as dialysis for lower-income residents of Digby County.

Roseway Hospital Foundation (Shelburne): Contribution to the purchase of a digital x-ray machine for Roseway Hospital.

Villa Saint Joseph du Lac (Dayton): Therapeutic sensory room for long-term care residents.

VON Tri-County: Expansion of the Meals on Wheels program from Shelburne to Cape Sable Island.

Yarmouth and Area Chamber of Commerce: Furnishings for the Credit Union Place medical student and locum units on Vancouver Street.

Yarmouth County Ground Search and Rescue Team: Standard first aid with CPR and AED training for 35 members this year and 15 additional members each year for the next three years.

Yarmouth County Splash Park: Community initiative designed to provide opportunities for active, healthy living and to increase inclusion and access to recreation for those who face constraints to participation.

Yarmouth County Hospice Society: Oximeters for VON nurses who provide quality care for end-of-life patients who wish to remain at home.

The transformational gift of \$22 million from an anonymous donor that Yarmouth Hospital Foundation announced in 2021 came with instructions to support health care initiatives across the area served by Yarmouth Regional Hospital – Digby, Shelburne and Yarmouth counties. To oversee this work, the foundation board created the Healthcare Enhancement Endowment (HEE), and adopted a policy to invest 15% of its projected annual investment earnings from the HEE (approximately \$150,000) toward community initiatives (specifically through registered charities or recognized non-profit organizations) that align with the existing mission and goals of Yarmouth Hospital Foundation, and that align with the priorities of Nova Scotia Health.



Bay Side Home's Hippocampe Chairs

Sometimes, the impact of a project or a donation can be hard to see immediately and only makes itself known over time – especially in health care, where the impact of new equipment and services often takes time to become apparent. And then sometimes, the impact is easily spotted. Bay Side Home, one of the first YHF Commitment to Healthcare Community Fund recipients, submitted a grant proposal for a project where the impact was as plain as the smiles on their service-users' faces.

Bay Side Home in Barrington is a long-term care facility for sixty-two residents, providing care at its best by working to meet the needs of the whole person and helping maintain a quality of life. Many of their residents require mobility assistance or are dependent on a wheelchair and these needs can limit their access to community or outdoor spaces. They applied to and were awarded a YHF Commitment to Healthcare Community Fund grant, and the delightful results are so plain to see in the photographs from their Facebook.

The purchase of the Hippocampe all-terrain chairs allows their residents to access the beautiful area in which they live and to visit places they once were able to go prior to residing at Bay Side Home. A Hippocampe chair enables visits to the beaches and seaside trails alongside the Atlantic Ocean, allows for the opportunity to travel and participate in activities around the province and to other outdoor attractions. Along with the physical benefits of time spent in nature, it supports mental health and well-being. Bayside's Recreation Manager Megan Lemoine noted, "Being outdoors contributes to better moods, decreases the chance of depression, reduces stress, provides opportunities for socialization and improves cognitive function."



Cancer Care and The Community

'Pink in the Rink'



Above: Clinical Nurse Educator Paula Watkins (YRH) & Cancer Care Program Manager, Western Zone, Pamela Robichaud accept the cheque from the Mariners.

Below: RN Darolyn Walker & Keith Condon.



You don't need a doctor's referral to be seen by the cancer patient navigator. You can self-refer or a family member can refer with your consent.

Darolyn Walker is a registered nurse and the Cancer Patient Navigator for the Tri-Counties.

She can be reached at 902-749-1523 if you or someone you love needs her services.

Since the Yarmouth Junior A Mariners first started fundraising with **Pink in the Rink** in October 2011, the team has raised more than **\$35,500** in support of Yarmouth Hospital Foundation on behalf of the Dr. Janke Cancer Centre at the Yarmouth Regional Hospital. This is, of course, thanks to the Mariners' enthusiastic support of the initiative to promote breast cancer awareness. The players wear the pink jerseys for home games in October and each jersey is auctioned off at the end of the month; raffle tickets are also sold.

The team set a goal of raising \$10,000 for 2022, says Keith Condon, one-time owner and current business director of the team, but surpassed that for a final tally of **\$12,100**. All proceeds went directly to the cancer centre, says Keith, since C&C Flooring stepped up to cover the cost of the jerseys. **Pink in the Rink** is very important to him personally. He's currently experiencing his fourth bout with cancer. While the cancer care and the staff are terrific, Keith says, additional help is needed in some areas. "Not everyone can jump in the car and go to the cancer centre here or in Halifax and not everyone can afford the drugs you need to avoid being sick, for example."

Money raised by **Pink in the Rink** in 2021 went to purchase mastectomy camisoles, which are designed to make patients more comfortable after surgery and include a pocket for drains as well as a prosthesis, says Darolyn Walker, registered nurse and cancer patient navigator for Southwest Nova Scotia.

Darolyn sees about 80 patients a month, including about 30 new referrals, and her job is to find ways to help cancer patients adjust to the physical and emotional demands of dealing with their diagnosis, treatment and aftercare. "My first priority is to assess the patient and help them focus on things that need to be done, like bloodwork, where they have to go for their appointments and how to get there."

There are limited resources for travel and medication and that's where community support from groups like the Yarmouth Junior A Mariners comes in so handy.

Feeling Appealing

An overview of our two annual fundraising appeals

Our regional hospital touches the lives of many individuals and families from the Tri-County region every single day of the year. Health care equipment is expensive, and the technology is continually updating. Your donations, like the ones that funded two multi-parameter patient monitors for the Emergency Department in our Spring Appeal 2022 and a V-Pro low temp sterilizer for Medical Device Reprocessing for our Christmas Appeal 2022, continue to provide our care teams with the essential tools they need to provide the best care possible to keep our families and our community healthy.

THANK YOU: YHF is thrilled to announce that the Spring Appeal for two multi-parameter monitors for the Emergency Department was successful!

Multi-parameter patient monitoring equipment is used to track vital signs, like heart rate, blood pressure, etc. and variance or variability in these signs.

Dr. Brian Moses, Internal Medicine Lead for the Western Zone of Nova Scotia Health, believes this equipment to be both essential and practical for in-hospital care: "The new units will allow us to continue providing state of the art cardiac care to patients locally, and will allow us to safely care for complex, but not critical, cardiac patients safely on the wards without requiring the unnecessary use of an ICU bed, which might otherwise be required without this equipment."



THANK YOU: Once again, we at YHF are in awe of our donors and are delighted to announce that the Christmas Appeal in support of Medical Device Reprocessing (and additional urology services) was a great success!

Yarmouth Regional Hospital has gained the capacity for low-temperature sterilization! This means that, for example, our urologists will be able to offer a 10-minute cystoscope procedure that patients in the Tri-Counties previously have had to travel to Kentville or Bridgewater to undergo. With this purchase of state-of-the-art sterilization equipment, turn-around time needed for reprocessing necessary equipment will be reduced, meaning more procedures can be conducted.



Message from The Treasurer

Navigating finances during volatile times



Allan Boudreau

Treasurer, Yarmouth Hospital Foundation

While the pandemic has subsided considerably, other circumstances, such as the war in Ukraine and supply chain issues, have created new uncertainty in world finances. The foundation is not immune to these events, especially when it comes to its investments and the cost of equipment; however, I would like to point out some positive aspects.

The decrease in market value of the foundation's various funds, which will be noted on the 2022 financial statements, are just paper numbers because YHF has not liquidated any of those assets. Moreover, the total value remains close to what it was shortly after receiving the \$22 million donation.

Also, it should be pointed out that those same foundation investments have generated \$4.2 million of other income from 2020 to 2022. This has permitted the foundation to continue to contribute significantly for much needed medical equipment, e.g.: \$3 million in 2022 and \$2.5 million projected for 2023, all without any significant drawdowns on investments.

The foundation's fundraising activities generated \$829,000 in 2022, \$45,000 more than budgeted. The radiothon continues to be a great success, thanks to the many volunteers and supporters.

Our donors continue to be very supportive and generous and for this the foundation is very grateful.

Investment Report from Connor Clark & Lund Private Capital

Chris Bellefeuille B.Sc, CFA

The investment portfolios of Yarmouth Hospital Foundation are designed for long-term protection and growth of capital and to provide consistent annual funding regardless of the direction of capital market returns in any given year. 2022 proved to be a challenging year for investors as global stock markets saw declines of 12.0%*, mostly due to geopolitical events such as the war in Ukraine and inflationary pressure that can typically be seen at the end of market cycles.

Bonds, which would normally serve as counterweight to stock market volatility, also saw large declines in value due to the actions of central banks like the Bank of Canada aggressively raising interest rates in their effort to slow down inflation. The Canadian Bonds market posted an annual return of -11.7%**

The investment portfolios of Yarmouth Hospital Foundation were not immune to the challenging markets of 2022. The portfolios recorded unrealized losses of 10.1% for

the year, with investments in infrastructure providing positive returns to mitigate some of the losses seen in traditional markets. The portfolios were able to provide for all the planned funding by the foundation.

It is important to note that the negative returns of 2022 have been more than offset by positive investment returns over the last ten years. In fact, as of December 31, 2022, there has only been one other calendar year where the returns were negative (-1.8% in 2018) and the annualized returns of the portfolio continue to exceed expectations.

* MSCI World ex Cda Index (C\$)

** FTSE Canada Universe Bond Index



Financial Report

With our community behind us, every step of the way, Yarmouth Hospital Foundation can be confident in its goal to support health care today and tomorrow. The successful fundraising efforts in 2022 were a direct result of the unwavering commitment of you, our valued donors...Thank you!

Financial highlights for year ended December 31, 2022

REVENUES 2022

Donations & Fundraising	\$829,582
Investment Income	\$1,465,884
Rental Income	\$25,000
Total Revenue	\$2,320,466

DISBURSEMENTS 2022

Contributions to Yarmouth Regional Hospital & donations to charities	\$1,701,309
Physician recruitment initiatives & scholarships	\$41,672
Fundraising	\$78,632
Administration & employee compensation	\$444,052
Total Disbursements	\$2,265,665

EXCESS BEFORE UNDERNOTED \$54,801

Unrealized loss** on equity investments \$(5,258,790)

\$(5,203,989)

**An unrealized LOSS is the decrease in the fair market value of an investment over its cost, for investments that are not sold. In compliance with the Accounting Standards for the Not-For-Profit Organizations (ASNPO) charitable organizations must record their investments, for financial statement purposes, at fair market value. The change in the year-end difference between the organization's investment cost and fair market value is recorded as an unrealized gain/loss for that year.

Over three million dollars committed in vital

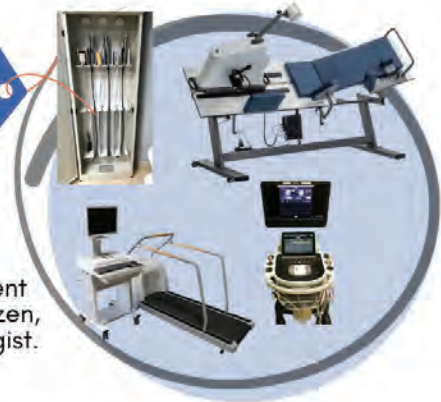
2022 Commitments	Cost
Cardiac Equipment (Echo Unit, TEE probe, Stress Echo Bed, Stress Test Unit) for Diagnostic Imaging	\$300,000
8 Multiparameter Patient Monitors for the Emergency Dept.	\$300,000
16 Multiparameter Patient Monitors for the Intensive Care Unit	\$455,000
2 Microtome / Water Baths for the Laboratory	\$61,530
Arjo tub for Med/Surg Ward - 4th Floor East	\$38,969
V-Pro Low temperature Sterilizer for Medical Device Reprocessing	\$138,000
Complete Tray Delivery System for Nutrition & Food Services	\$56,403
Minimally Invasive Surgical (MIS) Suite Equipment for Perioperative Services	\$1,563,888
Unweighting System for Rehabilitation	\$13,326
Airwave Oscillometry System for Respiratory Services	\$16,921
3 Multiparameter Patient Monitors for Women & Children's Health	\$61,530
Miscellaneous equipment reserve fund	\$10,000
Total	\$3,015,567

equipment for your regional hospital in 2022



\$1,563,888

Minimally-invasive surgical (MIS) suite
Gina Leaman, Perioperative Services Nurse Manager, tells us that "the impact of the upgraded MIS suites will be tremendous: a minimally invasive procedure versus a major surgery saves the patient recovery time, time off work and post op pain."



\$300,000 as a package

Cardiac Equipment
(TEE Probe, Stress Echo Bed, Cardiac Stress Unit, Echocardiography Unit)
The purchase of this equipment enabled the hiring of Dr. Janzen, the new community cardiologist.



\$56,403

Complete Tray Delivery System
Nutrition and Food Services served over **170,000 meals** in 2022 throughout the hospital: this equipment makes that easier & helps improve patient satisfaction.



\$38,969

Arjo Tub
The arjo tub is a bathing solution integrated with mobility and lifting aids, allowing for safe and comfortable movement for patients from bed or wheelchair into the bath.



\$61,530

2 x Microtome & Water Bath
This equipment provides the consistency of results in tissue analysis required for appropriate clinical diagnoses.

Airwave Oscillometry System

This equipment will help the diagnosis and treatment of conditions such as asthma, COPD and sleep apnea.



\$16,921



\$816,530 for 27 monitors

27 Multi-parameter monitors
Dr. Brian Moses, Internal Medicine lead for the Western Zone of Nova Scotia, told us that this equipment "allows us to continue providing state-of-the-art cardiac care, and to safely care for complex, but not critical, cardiac patients on the wards without requiring the use of an ICU bed."



\$138,000

V-Pro Low Temperature Sterilizer
"Low-temperature sterilizers are the most efficient and effective way to sterilize items that are heat sensitive," says Medical Device Reprocessing Department manager, Danny LeBlanc.



\$13,326

Unweighting System
This equipment is essential for physical rehab as it allows patients to safely mobilize without fully bearing weight, creating a safer environment for both patients and staff.

Your donations working for you, in your community


In Memoriam

Gifts in memory can be made by calling the foundation office at 902-749-1669 or going to the website yarmouthhospitalfoundation.ca and clicking on the Donate button.

In 2022, donations were made to Yarmouth Hospital Foundation in loving memory of the following...



Acker, Noah Stephen	Comeau, Eddie	Doucette, Weldon
Adams, Vernon E.	Comeau, Elizabeth "Liz"	Dow, Peter
Amero, Frankie	Comeau, Evelyn & Denis	Dukeshire, Jeanne
Amirault, Ambroise	Comeau, Gerald & Jeannette	Dulong, Kevin
Amirault, Leonard J.	Comeau, Gerard	Dumbrell, Jim
Amirault, Mardi	Comeau, Lina & Alphonse	Dunn, Donald
Amirault, Raymond	Comeau, Raymond	Durling, Shirley
Amiro, Louie	Comeau, Shirley Emma	Earle, Nancy
Amiro, Theodora	Cook, Malcolm & Sarah	Emin, Fred, Jr.
Anthony, Blaine	Cooper, Mary	Emin, Fred, Sr.
Archibald, Bernice	Corning, Anne & Jack	Englehutt, John
Armstrong, Donald	Cottreau, Beatrice	Fenton, Beulah
Armstrong, Joel	Cottreau, Edward	Firth, Blanche Jean
Atkinson, Angus	Cottreau, Frances	Fox, James
Bain, Burton	Cottreau, Jerry	Freeman, Anna
Balmanno, Dr. Jim	Cottreau, Martin & Rosabelle	Gail
Bassett, Harry	Cottreau, Andre George	Garron, Ruth
Bassett, Raymond	Crabbe, Richard	Gaudet, Ronald
Belliveau, Bradford "Chumly"	Crocker, Bill	Gavel, Helen
Belliveau, David	Crowell, Alton "Reigh"	Geddrey, Mr. & Mrs. A.
Betts, William "Bill"	Crowell, Bobby	Gillan, Vivian
Blades, Wallace R.	Crowell, Edward & Zella Mae	Goodwin, Darlene
Blakely, Alice	Crowell, Fred & Marjorie	Goodwin, George "Sam"
Blanchard, Nelson	Cullen, Aubrey	Goodwin, Josephine & Gordon
Blinn, Eric	Cunningham, Edward	Goodwin, Julie
Blinn, Ivan	Cunningham, Richard	Goodwin, Sam & Nancy
Boudreau, Allan	Cushing, Vera	Goreham, Treena
Boudreau, Gilles	Dagley, Ivan & Almira	Grant, Mason
Boudreau, Paulette	Deal, George & Bernice	Gray, Ronald
Boudreau, Walter	Delaney, Kenneth	Greene, Gary
Bourque, Albert	Delaney, Ralph	
Bourque, Delbert	DeMings, Mary	
Bourque, Mr. & Mrs. John P.	Denholm, Margaret	
Bourque, Pauline	Densmore, Rev. Edward 'Bev'	
Bower, Ellsworth	d'Entremont, Dr. Lionel	
Bowers, Merle	d'Entremont, Floretta	
Bradshaw, Malcolm Henry	d'Entremont, George	
Brannen, Brent	d'Entremont, Inabelle	
Brannen, Buddy & Martha	d'Entremont, Linda	
Brannen, Harold	d'Entremont, Normy	
Brannen, Victor	d'Entremont, Ronald	
Bridges, Sarah	d'Entremont, Theresa & Benjamin	
Brittain, Paul	d'Entremont, Carl P.	
Brown, Leona Rae	d'Eon, Lottie	
Brown, Cathy L.	d'Eon, Paul & Hilda	
Burgoyne, Daisy	Deveau, Edward	
Burns, Marilyn	Deveau, Julie	
Callie	Deveau, June	
Campbell, Claire	Deveau, Robert	
Campbell, Douglas	Deveau, Roseanna	
Chetwynd, Joan	Deveau, Stanis	
Choo Chun, Dr. Young	Deveau, Thomas	
Clairmont, David	Dolan, Max	
Clairmont, Lawrence	Doucet, Abel	
Clairmont, Robert	Doucet, Bernice	
Clifford, O'Neil	Doucet, Max	
Comeau, Alda	Doucet, Rodolphe	
Comeau, Desiré	Doucette, Jeanne	
Comeau, Dr. Alyre	Doucette, Sally	



Haley, Justin
Hall, Hubert
Hamilton, Christopher
Handspiker, Phoebe
Hanf, Garth
Harding, Linda
Harrison, Shay
Harry, Richard
Hayes, Trooper Corey
Joseph
Haynes, Jim
Healey, Donna
Hebb, Erma & Gerry, Sr.
Higby, John "Jack"
Higby, Ann
Hopkins, Phyllis
Horton, Bruce
Hubbard, Brad
Hubbard, John R.
Hurlburt, Arthur & Glenna
Hurlburt, Victor
Jacquard, Darleen
Jacquard, Delphis
Jacquard, George
Jacquard, James "Jimmy"
Edward
Jacquard, Louie
Jarvis, Dorothy
Jarvis, Mary Kathryn
"Kathy"
Jean, Sr. Diana
Jeddry, Zenon
Jerry
Jones, Philip
Challoner, Larry
Kaiser, Earle & Helen
Kelly, Edward
Kennedy, Jayla
Kenney, Mikey
King, Roger, Jr.
Knowles, Sylvia
Kubinec, Josef M.
Landers, Clarence
Landers, Floris
Landry, Albert
Landry, Benoit & Florence
LeBlanc, Aline Celeste
LeBlanc, Allan & Sharyn
LeBlanc, Bernadette
LeBlanc, Claude
LeBlanc, Darlene
LeBlanc, Erven
LeBlanc, Jean
LeBlanc, Lester
LeBlanc, Lizzie
LeBlanc, Michael
LeBlanc, Philip
LeBlanc, Victor
LeBlanc, Mr. & Mrs. Walter
Lesser, Louis
Letteney, Bill
Levesque, Enie
Loveridge, Heather
MacDonald, Scott
MacIsaac, Seretha
MacKenzie, Gerald
Mackinnon, Gerard Sr.

MacLure, Barrie C.
MacLure, Ian B.
Mahoney, Charles
Maillet, Daniel
Maillet, Robert
Maloney, Joe
Marlor, Barrie
Marshall, Cheryl
McDormand, James
McGuire, Victor & Dora
Mitchell, Aidaen Mae
Mood, Corey
Mood, Mildred Kathleen
Muise, J. Antoinette "Toni"
Muise, Audrey
Muise, Kathy
Muise, Leta & Zacharie
Muise, Nelson
Muise, Reg
Muise, Rita M.
Muise, Ron
Muise, Rose & Daley
Muise, Rudolph
Muise, Marcelle Armande
Mullen, Keith
Murphy, Roderick "Junior"
Nelson, Alice
Nestor, James
Nickerson, Barbara Wallace
Nickerson, Blanchard
Nickerson, David
Nickerson, Eileen
Nickerson, Eleanor
Nickerson, George Archie
Nickerson, Lawrence
Nickerson, Lloyd & Joyce
Nickerson, Marilyn
Nickerson, Robert
Nickerson, Roderick
Nickerson, Nancy Lorraine
Nickerson, Sean Paul
Nickerson, William Stanley
Noah, Frederica
O'Connell, Johnnie
Olsen, Frank & Frances
Penney, Janice
Perry, Norman Leigh
Pike, Harold
Pitman, Kevin
Pitman, Ross
Polson, Irene
Pothier, Arthur P.
Prime, Roy
Prouty, Maya
Prouty, Winston
Revert, Robert
Rhyno, Lawrence
Richards, Hazel "Iris"
Ring, Ruth Elizabeth
Robbins, Barbara & Charles
Roberts, Clarence
Robichaud, Arsena
Robichaud, Conrad
Robichaud, Denise
Robichaud, Gerald J.
Robicheau, Mariette
Robinson, Benjamin Joel

Robinson, James Albert
Romain, Stanis & Rosalie
Rose, Paul
Ross, Warren
Ryan, Elaine
Sabine, Larry Earl
Saulnier, Clifford
Saulnier, Daniel
Saulnier, David
Saulnier, Jacqueline
Saulnier, Joey
Saulnier, Paul P.
Scott, Barbara
Sears, Eugene
Shand, Paul M.
Shaughnessy, Katherine
Simpson, Martin
Singer, William "Bill"
Sisco, Wally
Skaarland, Wendy
Smith, Andrew
Smith, Bernard
Smith, Everley Alice
Smith, Loran
Smith, Noble
Smith, Sharon
Sollows, Wilbur
Southern, Guytha
Southern, Joseph "Joe" Lloyd
Spinney, Ronald
Spinney, Wesley
Star, Gertrude "Gert"
Stoddard, Elizabeth "Betty"
Stuart, Roland
Surette, Gertrude M.
Surette, Jessie & Stanley
Surette, Lorraine
Surette, Pete
Surette, Richard
Surette, Stanley
Surette, Winnie
Surette, Mary Jane
Symonds, David
Taylor, Maureen "Diane" (Jeffery)
Therault, Patricia "Pat" (Morton)
Thibodeau, Helen
Thimot, Corinne
Thomas, Audrey
Thomas, Marie & Hersey
Trask, Mary
Trefry, Doug
Van Duin, Mattheus Pieter
Wagner, Darell
Wagner, Howard
Wagner, Robert
Watkins, Nancy
Watt, Bruce
Weaver, Geraldine & Dexter
Webster, Doris
Weidenfeld, Johannes "Hans"
Wetmore, Helen & Edgar
White, Walter
Whitney, Vern
Wilson, Walter
Winship, Kim
Woodroof, Jean

Nutrition and Food Services



Food plays a vital role in the recovery of all hospital patients.

"It's important that the meals delivered to the bedside be appetizing for that patient," says Tanya Park (pictured left), Nutrition and Food Services Manager at Yarmouth Regional Hospital. That includes presentation as well as the quality and quantity of the food.

Yarmouth Regional Hospital has had a room service menu since 2010. That means that patients can call down to Nutrition and Food Services and order what they want, when they want, depending on their specific nutritional needs, Tanya explains. Staff are always happy to help patients navigate through the menu options and choose something appealing.

The old bulky and unwieldy one-piece tray systems will soon be gone and replaced by a new system that presents meals in a way that is not only more attractive but user friendly for both patients and staff. Yarmouth Hospital Foundation has funded a \$56,000 tray system designed to keep the food warm in an attractive set of individual plates, bowls and cups. Insulated meal carts are easier to maneuver. The colour scheme is a fashionable black, and the same system is being adopted in hospitals across Nova Scotia.

The hospital kitchen places great importance on cooking fresh to order, Tanya says. "We are very proud of what we serve. We have great cooks and great employees."

An added benefit of the flexible room service model is a reduction in food waste and an increase in patient experience. After all, as Tanya is quick to point out, there is an emotional component to eating. "When you choose your food, you're more likely to eat it and hopefully get better. If you're faced with a tray of food you don't really want, you're not likely to eat very much or any of it," she says. "If it's what you want, even if all you order is a bowl of soup and some crackers, you're more likely to eat all of it."

Thanks as always to Yarmouth Hospital Foundation for its continued support, Tanya adds, noting that in the past few years the foundation has also purchased blast chillers (this piece of equipment cools foods quickly to maintain food safety), a couple of combination ovens that allow cooking with steam, hot air and broiling, and a water dispenser for the cafeteria.



One of our board members, Linda Deveau, encountered the room service menu at YRH and was delighted:

Many years ago, I experienced my first and to this date only multi-day stay in the hospital. At the end of day two, a nurse noticed my trays of food were being left uneaten. She kindly but firmly advised me that I must eat to get better sooner. I apologised and replied that I just didn't eat/like the items on my tray. She then asked, "but why did you order those meals?"

My eyes widened and I was speechless for a moment and then replied: You can order your meals????

She quickly provided me with an order card Well, who knew!!

Never crossed my mind that you could select your meals. Certainly makes one feel less like an ill patient and a bit more like a cared for guest!





Dr. Prabhu Reflects

Dr. Umesh Prabhu completed his initial medical training in his home country of India, then pursued internal medicine training in Aberdeen, Scotland. In the late 1980s, a recruiter enticed him and his wife to move to Canada. He completed his internal medicine fellowship with a specialty in gastroenterology, a branch of medicine that deals with disorders of the stomach or intestines, at Dalhousie University.

While shopping around for a place to set up his practice, he visited Yarmouth and our regional hospital for the first time in 1992 at the request of then Chief of Staff Dr. Margaret Churchill. "Everyone was so friendly and welcoming, and I thought, this is my place," Dr. Prabhu recalls, sitting at the same desk in the same office that he opened on the third floor at Yarmouth Regional Hospital 30 years ago.

Looking back over his years in Yarmouth, Dr. Prabhu continues to enjoy his work. "It's a nice feeling to know that your patients are getting better and are well cared for," he says. "The staff have been very kind to me. You can't put a price tag on working in a congenial atmosphere."

Dr. Prabhu, who sits on the council of the College of Physicians and Surgeons of Nova Scotia, is very supportive of the family practice and internal medicine residency programs at Yarmouth Regional Hospital.

"I would like to champion our hospital, our community and I hope new graduates continue to show interest in staying on after completing their family practice and internal medicine training," he says, adding, "I am really impressed and grateful for the excellent job the foundation is doing in supporting all our hospital programs."

Wall of Honour

Our Wall of Honour is a permanent tribute to those who have given a cumulative total of \$5,000 or more to the foundation since 1992. Located in the main lobby of the Yarmouth Regional Hospital, it celebrates the commitment to community health care.

FRIENDS (\$5,000 to \$9,999)

Agropur Division Natrel
Andrews, Roy & family
AstraZeneca Canada
Atkinson, Mervin & Angela
B. Reynold's Trucking Ltd.
Baker, Joseph P.
Balmanno, Katherine & family
- in loving memory of
Dr. James T. Balmanno
Banks, Minola M. - in memory
Barrington Area Lions Club
Barro, Greg & Kim
Batstone, Lynn Charles - in loving
memory
Bee Fisheries Ltd
Belliveau Motors
Boudreau, Desiré & Philomène
Boudreau, Dr. Cindy
Boutilier, George & Marie
Bruce Honda
Burns, Marilyn J.
Campbell, Claire Marie - in loving
memory always Husband
Charles & Children: Charles,
Leo, Cynthia
Churchill, Fred & Ronna
Claredon S. Nickerson Ltd.
Clark, Ron & Reta
Cleveland, Mae - in loving
memory of Gerald Cleveland
Clulee, J.W. "Ian" & Mary Davis
Comeau, Alphonse & Lina - in loving
memory
Comeau, Victor & Cathy
Comeau, Evelyn & Denis - in
loving memory
Comeau, Marie Delia
Comeau, Paul & Pat
Comeau, Therese & Bernadin J.,
C.M.
Commissionaires Nova Scotia
Conrad Cushing Bain Inc.
Cook, Don & Marlene
Corkum, Joan - in memory of
Megan & Erin Corkum
Cottreau, Dr. Alison
Cottreau, The Hon. Ernest G - in
memory by his wife Rachael &
family
Couture, Dr. Dominique & Valerie
Piercey
Cox, Doris - in loving memory of
Robert E. Cox
Crocker, Richard & Doris
d'Entremont, Dr. Lionel
Day, Georgia May - estate
deGooyer, Jack & Lies
d'Enremont, R. Irene - in memory
of Theodore "Ted" d'Entremont
d'Eon, Simone
d'Eon, Vernon & Corrine
Digby & Area Health Services
Charitable Foundation
Dooly's Yarmouth
Dumbrell, Jim - in memory
Dyke, Eleanor Gertrude - estate
Eldridge, Mary & Peter
Farmer's Co-op Dairy Ltd.
Ford, Gloria - in memory
G. M. Newell Ltd.
Garron, Ruth - in memory
Goodwin, Sam & Nancy
Goudey, John & Dorothy
GPK Refrigeration
Graham Construction
Graves Electrical
Greg Symonds Boat Builders Ltd
Hamilton, Christopher - in loving
memory
Harding, B. Allan
Harold Crabtree Foundation
Hatfield, Eileen
Higby, John (Jack) & Rosalie
Hurlburt, Nancy & Richard
Huskilson, Carmen Faith - in
memory
In Focus Optical
Innovative Fishery Products Inc.
Inshore Fisheries
Jeszyszky, Tibor
Jewish Community of Yarmouth
(Agudath Achim Congregation)
1906-2007
Kenney, Audrey & Seymour W.
Knights of Columbus No. 8988
Lafarge Canada Ltd.
LeBlanc, Dr. P. H.
Legere, Dr. Al & Sandra
Les Religieuses Hospitaliers de
St. Joseph
Little Chevrolet
Little, Dr. J. Kenneth
Littlefield, Florence - estate
Lloy, Milford & Donna Kitter-Lloy
M & R Engineering
MacConnell, Charles F. (Bucky)
MacDonald, Blair & Anne Robbins
Madhvani, Dr. & Mrs. Ashwin
Maloney, Joseph & Flora Ann
Maritime Wealth
McDevitt, Catherine (Cassie) T.
MCT Insurance
Messenger, Jack & Donna
Mooney, J. Fraser
Mosley, Doug & Priscilla
Muise, John (Johnny the Shoemaker)
- in loving memory
Municipality of the District of Digby
Murphy, Charlena W. - estate
Murphy, Milton & Kathryn (MacLeod)
Murphy, Patrick & Michael
N.S. Fishermen's Association of Scallop
Draggers
N.S. RCMP Veterans Association
Nickerson, Florence Lavinia - estate
Nickerson, Ida F.
O'Hanley, Roy W. & Theresa
O'Hanley, Theresa - estate
Patterson, Malcolm
Paul d'Entremont Marine Ltd. &
d'Entremont family - in loving
memory of Rosalie d'Entremont
Pitman, Walter - estate
Pronova Biopolymer Canada Ltd.
Pubnico Area Lionettes
R. & D. Nickerson Fish Products Ltd.
R. Comeau Fuels Ltd.
RBC Foundation
Ricker, Ruth L.
Roberts family - in loving memory of
Donnie Roberts
Roberts, Donald - in memory of
Marilyn Roberts
Robichaud, Benoit & Anne-Marie
Robinson, Benjamin Joel - in loving
memory
Robinson, James Albert - in loving
memory
Rodney, Kenneth & Ruby
Rogers Furniture Company
Rose, Reg & Joanne
Roseway Hospital Charitable
Foundation
Saderholm, Barbara Boyd
Saulnier, Brian & Rosanne Thibault
Saxton Comeau
Sayat, Dr. Gregio
Scotia Harvest Inc
Scotia McLeod Inc.
Sea Crest Fisheries Ltd.
Sears, Gregory & Marianne
Smith, Neil & Jean
Star, Gert & family - in loving memory
of Danny Star
Surette, Glen & Mary
Sutton, Linda
Sweeny's Funeral Home &
Crematorium Ltd.
T & W Catering
Taylor, Kirk - in memory from his family
The Co-operators - Clyde Lutz &
Associates
Thibeau, Frank & Doris
Tinkham, John and Lucille

Topline Industrial Sales
Town of Clark's Harbour
Town of Digby
Tri-County Tractor Ltd.
Veterans Geriatric Trust
Wainwright, John H.
White Perkins Associates
Wood, Leslie & Laura
Yarmouth Nissan
Yarmouth Rug Hookers
Yarmouth Sea Products Ltd
Yarmouth Veterans Firefighters

**FELLOWS
(\$10,000 to \$24,999)**

Aidaen Mae Mitchell Foundation -
in memory of Aidaen Mae
(2004 - 2019) For Mental Health
and Wellness
Allen, S. Kent
Atkinson, Garth Mervin- in loving
memory from Marla & Robert
Aubin, Claude & Jane Belair
Bank of Montreal - Yarmouth
Branch
Boudreau, Brian & Sandra (Murphy)
Boudreau, Edward & Laura
Boudreau, M. & J. Rodney
Buse, R.M.
Caldwell, Robert M., M.D. & Myrtle
E. Nichols Caldwell, R.N. - in
memory
Cameron Publications
Cassa Business Equipment Ltd.
Castlebury family
Churchill, Dr. Margaret
City Drug Store
Clare Mutual Insurance Company
Comeau, Rose-Anne
Condon, Pam & Keith
Cook, Harold & Helen
Cook's Dairy Farm
Corbett, Rev. Ray - in loving
memory of Irene Corbett
Cunningham, Adlai & Jeri-Lynn
d'Entremont, Aline G.
Daley, John & Nancy
Dean, C. W.
Dean, Phyllis M.
deGooyer, Jack
Doucette, Paul Charles (Rusty) &
Jacqueline Anne (Jack)
East Side Fisheries Ltd.
Ellis, Beverly
Emin, Tootsie
Ferguson, Roy & Jean
Garian Construction
Goodwin, Layton & family
Goodwin, Myra - estate
Grant Thornton
H. M. Huskison's Funeral Homes Ltd.
H. V. Anthony Greenhouses Ltd.
Hall, David Roger - in memory of
his father C. Roger Hall
Halstead, Evelyn M. - estate
Hamilton, Clara V. - estate
Hood, Clifford & Joan - in
memory of Capt. Samuel C.
Hood IV
I.M.O. Foods Ltd. Canada

Isles Foundation
Janke, Dr. Edwin & Elizabeth
Jarvis, Mary Kathryn - estate
JV Driver in Memory of Erika
Elkington
Kini, Dr. G. Keshav
Koon, Bernice S. - estate
Laing, M. MacDonald & Helen -
estate
LeBlanc, G.J. & Anne Marie
Lee, Harold G. - in memory
Leon's Yarmouth
MacKay, Audrey S.
MacKinnon, Doris Norma - estate
Malone, Richard S. & family
Mariners Centre
Masonic Foundation of Nova
Scotia
Mauro, Dr. Gloria R.
McDonnell, Jamie - in memory
McEachern, Gerry & Marge
McEachern, Marge & family - in
loving memory of J.G.
McEachern
McGuire, V. Alan
Muise, Dr. Roland
Muise, Mark & Paulette
National Bank of Canada
O'Brien, Dr. Milton W.
Pink Nickerson Star
Pothier, Marcel & Shara
Prabhu, Dr. Umesh
Rattee, Maureen P. & family - in
loving memory of Edward K.
Rattee
Rhuda, Eileen & family - in
memory of Ernest Rhuda
Richards, Iris
Riverside Lobster International Inc
Robbins, Charles & Barbara
Royal Bank of Canada - Church
Point Branch
Royal Canadian Legion - West
Pubnico Branch 66
Royal Canadian Legion -
Yarmouth Branch 61
Rudder's Seafood Restaurant &
Brew Pub
Sandra Schmirler Foundation
Saulnierville Pharmacy Ltd.
Sears, Wilbert
Singer, Barbara
Singer, Bill & Barbara E.
Smith & Watt Ltd.
Snow, George - in loving memory
of Marjorie Snow
Sobey Foundation
Sobeys Store Ltd. (592 Yarmouth)
Sou'West Nova ATV Association
Sweeney-Goodwin, Paulette &
David R (Rick) Goodwin
The Real Estate Store
Thistle Hyundai
Toronto Dominion Bank
Trout Point Inc
Tusket Ford
V & R Traps
Vergez, Bernadette & Jean
Vernon d'Eon Fishing Supplies Ltd.
Wedgeport Mutual Fire
Association Club
Westby, Dr. Donald

Wetmore, Rod - in memory of Helen &
Edgar Wetmore
Wilson's Shopping Center
Wood, J. Gordon & Marlene
Wyman, Dr. Ches
Yarmouth Automobile Dealers
Association
Yarmouth Development Corp
Yarmouth Hospital Activity Committee
Yarmouth Lions Club

**LEADERS
(\$25,000 to \$74,999)**

A.F. Theriault & Son Ltd.
Acadia First Nation
Acadian Seaplants Ltd.
Adcor Marketing / Tim Horton's
Arenburg, David & Elizabeth
Barr, Glendon & Rilla
Belliveau, Raymond & Joan
Blackie, Elinor Hall - estate
Bradshaw, Malcolm & Shirley
Brett, Joan & Peter
Canadian Tire
Chetwynd, Brian
CIBC
CJLS "The Wave"
Clearwater Fine Foods
Coastal Financial Credit Union
Crescent Gold & Diamonds
d'Entremont, Mary-Dolores
Dobson, Paul - in loving memory of
Thelma Dobson
Doty, Carl & Nancy - in memory of
Sarah Doty
Doucette, Debbie
Eldridge, Harry B. - estate
Ellis Print Ltd.
Emery Smith Fisheries Ltd
Germain Mechanical & Electrical Ltd.
Goodwin, Nancy L.
Hall, David R.
Hall, David R. - in memory of Margaret
Churchill
Imasco Ltd.
Irving Oil Ltd.
Killam, Robert B. & Kathleen
King, Dr. Donald W.
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 memory of Walton & Josina Warner
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 Woman's Auxiliary, Yarmouth
 Regional Hospital

Fundraising is a Family Affair

If you have enough, you have enough to give." That advice from their parents has been a guiding principle for two charming sisters, Angelina Comeau and Lucia Mombourquette and their generosity extends to Yarmouth Hospital Foundation.

"Our mother and father were so generous," Lucia says. "We just copied our parents."

Angelina's paintings fill the walls of her century home in Comeauville. At 89, she remains passionate and experimental about her art. Lucia, the younger sister at 85, is a prolific and proficient quilter who creates beautiful and complex patterned tops and does the quilting by hand with amazingly tiny and precise stitches. Both have contributed their work for auctions to support the foundation, and both support the foundation personally. When Lucia's husband died 11 years ago, the family requested gifts in memory to the foundation and nearly \$1,000 was contributed.

The sisters come from a long line of teachers, although Lucia is the exception. She was a stay-at-home mom with five kids, but her husband was the principal at the Salmon River School. Remarkably, all her children, grandchildren and great-grandchildren live between Meteghan River and Yarmouth and her daughter, son-in-law and their daughters have the DJ's Corner Store and Cafe in Salmon River.

The family's generous spirit has been handed down to the next generation. DJ's Corner Store and Cafe features a shelving unit for donated books. Store patrons are welcome to drop off books and pick from what's on the shelves — and leave a little something in a donation jar. So far, they've been collecting an average of \$500 a year for the foundation.





Message from The Site Lead



Tracey
Watkins-Allen

Site Lead,
Yarmouth Regional Hospital

Over this past year, the team at Yarmouth Regional Hospital has demonstrated adaptability and determination as we continue to deal with COVID-19, maintaining essential services and responding to increased demands for health care services, all while we cope with health care human resource challenges. I continue to be amazed by our staff, physicians, administrative team, volunteers and learners and their dedication and hard work that allows us to maintain high quality care.

Despite the many pressures and obstacles, we have maintained our focus on patient and family centred care. As site lead, the needs for programs and services are shared with me so that I can highlight the needs of the hospital with YHF. I'd like to acknowledge the vital role that the foundation plays in our stability and ability to provide safe, quality care. Everyone I speak with is so incredibly grateful to the foundation board members who volunteer their time and talents on many levels and are always willing to support the needs of the hospital.

Nova Scotia Health's mission is "To achieve excellence in health, healing and learning through working together." Our partnership with the foundation is a true example of this in action. In 2022, the foundation supported \$3,015,567 in equipment purchases throughout the hospital for a number of programs and services. Over time, all medical equipment will need to be replaced as a result of regular wear and tear, technological process, or changes in clinical practice. At the provincial, zone, and site level, various processes and criteria may be used to prioritize equipment for replacement or upgrade. Due to multiple competing priorities within Nova Scotia Health, Yarmouth Regional Hospital depends on the foundation for support to purchase this equipment that our staff and physicians need to provide care to patients.

The foundation's 2022 WE CARE Radiothon raised nearly \$180,000 to purchase new cardiac equipment to support the recruitment of a cardiologist. YHF has supported other initiatives which helped bring care closer to home, including additional urology service. This aligns with Nova Scotia Health's strategic direction of working with communities and partners to improve health and wellness of Nova Scotians. As always, I am profoundly grateful to the many donors and the ongoing support of the YHF as your partnership is essential to the success of Yarmouth Regional Hospital in providing high quality care to our patients. Again, thank you for your partnership and commitment to improving health care in the Tri-Counties.

Our 2022 Donors

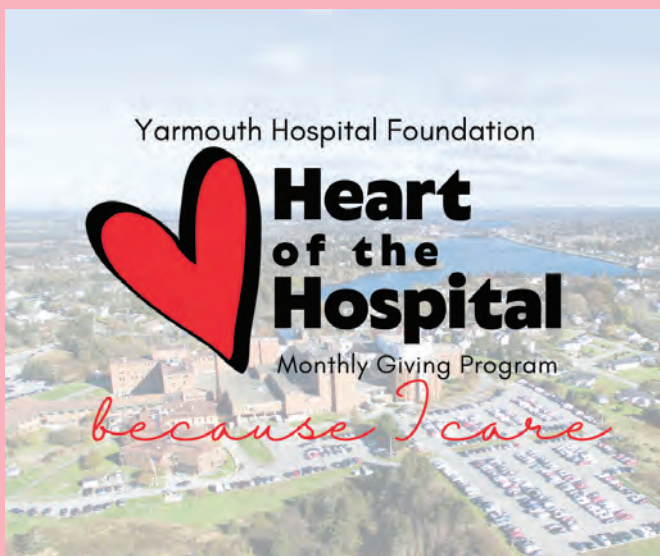
We wish to recognize the support of those donors who contributed \$100 or more during 2022 to Yarmouth Hospital Foundation (except those who expressed a wish to remain anonymous) and helped us make the impacts outlined in this report. Thank you all!

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Become a monthly donor

One of the most powerful ways you can make a difference in health care in your community is by becoming a member of the **Heart of the Hospital Monthly Giving Program**.

Your regular monthly gift creates an invaluable resource of sustained funding for Yarmouth Hospital Foundation, allowing our regional hospital to invest money where it's needed most and to plan ahead for long-term projects that will change patients' lives for generations to come. That's the power of monthly giving!

Current members of the **Heart of the Hospital Monthly Giving Program** are marked out in our list of donors here with a ♥ to show our especial appreciation. To learn more, give us a call at 902-749-1669 or go to our website.

Thank-you to our 2022 Donors

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You have the power to make a difference in health care for future generations.

Become a legacy donor

Talk to your lawyer or financial planner about adding Yarmouth Hospital Foundation to your Will.



Marg McGray's Final Gift

When Marg died just before her 93rd birthday, she not only looked after her family in her will, but also left a legacy to Yarmouth Hospital Foundation. "My aunt always appreciated the fact that a little community like Yarmouth had such a terrific facility," her nephew told us, adding she wanted to help the hospital maintain that tradition with her gift.

By leaving a charitable bequest in your will to the Yarmouth Hospital Foundation, you will continue to enhance health care in your community beyond your lifetime. You can designate a certain sum of money, a particular asset, or a portion of your estate. Whatever form your gift takes, the result is the same – a healthier community.



Yarmouth Hospital Foundation is a proud partner in the Will Power national movement to encourage charitable giving in Canadians' wills.



www.willpower.ca/charities/yarmouth-hospital-foundation

For more information or to explore other options such as endowment funds, please contact Mary Surette, the managing director of Yarmouth Hospital Foundation. You can reach her at either 902-749-1669 or mary.surette@nshealth.ca

All discussions are held in strict confidence and do not require any commitment on the part of the donor.

Donated Vein Finders Find a Home at Yarmouth Regional Hospital

An anonymous donor reached out to Yarmouth Hospital Foundation in the summer of 2022 with an offer to fully fund the purchase of two vein finders for Yarmouth Regional Hospital. The first of the two went, naturally, to Laboratory Services. The second went to Ambulatory Care, which shares it with the Women and Children's Health department. Having experienced the difference that a vein finder can make in their own medical care, our donor chose to make a difference for other people and improve health care in the Tri-Counties.

Yarmouth Hospital Foundation fully supports our donors' rights to anonymity; however, we also believe in saying 'thank you'. It is important to us to let our donors know that their gifts have made a difference in their regional hospital. So, as we often do, we reached out to the department managers for their feedback. Their responses thrilled us, so we're happy to share this with you.

Sarah McKinnon is the manager of Laboratory Services. She was only too happy to tell us that the vein finder is "so beneficial for patients and for staff." New hires are being trained in the use of the vein finder only when they're comfortable collecting blood without it first as the equipment is so helpful that people might end up relying on it. "The vein finder has been perfect. We are so very grateful and appreciative to the donor for this equipment: thank you!"

Stephanie Pitman, assistant manager of Women and Children's Health department, echoes Sarah's comments. She is a huge fan of the new vein finder after having used it herself. "It's extremely valuable," she tells us. "It does more than I could imagine. The vein glows. It takes the guesswork out of it — sometimes you just can't see the vein and it is so helpful!"

She told us of her experience with a newborn patient in her department. Six attempts had been made to start an IV for their tiny patient when she remembered the vein finder and borrowed it from Ambulatory Care. With the vein finder's help, she was able to start that IV on her first try. "You have to tell the donor — your kind, supportive donor — this is so great and we are so grateful!"

Both managers have described the vein finders as 'life-changing' and emphasized how appreciative they are for this generous donation. "It gives you the pieces of the puzzle you need to do your job," Stephanie notes. "To all the foundation's donors, thank you for all our tools. We could not function as a department without your support."





You Bought This!

Thank you!

Did you know... that when you visit Yarmouth Regional Hospital, you can see the very real impact that you, our donors, are having on health care in the Tri-Counties? Many pieces of equipment throughout the hospital are tagged with special stickers (see below!) indicating that they were purchased through the generosity of the community.

When YHF Managing Director Mary Surette visited the respiratory department to place some new stickers, Jill Cushing, Western Zone manager of Respiratory Services, asked Mary to pass along her thanks to all of Yarmouth Hospital Foundation's donors:

"When COVID-19 hit, we didn't need to worry about having the equipment we needed and that's all thanks to the foundation and your donors! Thank you so much!"

Stephanie Pitman, assistant manager of Women and Children's Health department, echoed Jill's comments when Mary visited to tag equipment purchased for the Women and Children's Health department:

"We are so grateful to the foundation and all your donors. You are why we can help our patients. We could not function as a program without your help and all the equipment you provide us."



Above: Maggie Arenburg & a medication management system unit
Below: Mary, Jill Cushing & a mechanical ventilator





Making your donor dollars work for you in your community.

Vos dons mis au travail pour vous, chez vous.

Yarmouth Hospital Foundation
Fondation Hôpital de Yarmouth

Bottom left: Mary, with the team from Rehabilitation, & a NuStep
Bottom centre: Stephanie Pitman & a radiant infant warmer
Bottom right: Tyler Parker & Stacey Weatherby & a renal dialysis chair





The Last Word



Mary Surette

Managing Director,
Yarmouth Hospital
Foundation

Amid uncertainty during last year's period of global markets crisis, you continued to make an effort to give back, demonstrating that supporting local health care matters to the people of the Tri-Counties. This annual impact report shares stories about how your steadfast commitment and boundless support has helped us to fulfil our mission to enhance health care at Yarmouth Regional Hospital. Through the generosity of our community and the tireless work of our volunteers, volunteer board members and staff, Yarmouth Hospital Foundation was able to provide critical equipment that allows improved advancements in health care delivery.

Despite the challenging times, the foundation received over \$829,000 in charitable gifts in 2022 and committed over \$3,000,000 towards the urgent health care needs of our regional hospital. Diagnostic Imaging, the Intensive Care Unit and Perioperative Services were just three of the eleven departments that were impacted. In addition, a community cardiologist was recruited; urology services were expanded; four new scholarships (for a total of nine) were developed at the Dalhousie School of Nursing (Yarmouth Campus); two new scholarships were funded for the LPN program at NSCC, Burrigge Campus; and eleven community initiatives that improve the provision of health care in Yarmouth, Digby and Shelburne were funded. These commitments and accomplishments could not have happened without you, and it is that strong show of community support that inspires us and drives our passion for what we do. For that we are deeply grateful.

When you choose to donate to Yarmouth Hospital Foundation, we understand the reason lies close to your heart. Whether making a difference to the lives of those around you, now, or in the future, when it comes to charitable giving, every donation matters. Every donation has the power to change lives.

Looking forward, with the redevelopment of the Yarmouth Regional Hospital emergency department on the horizon, I encourage everyone to become informed and involved, because with an empowered community we increase our odds dramatically of making this vital infrastructure improvement to our emergency department a reality. Together we can make it happen! Together let's continue to make a difference in health care!

Yarmouth Regional Hospital



Your regional hospital proudly serves the nearly 58,000 people of Yarmouth, Digby and Shelburne counties.

Your donations to Yarmouth Hospital Foundation go towards providing vital hospital equipment and services for your community.

Thank you. 

YRH by the numbers. 2022

Emergency Department

Total ED visits

26,256

Average visits a day

72

Diagnostic Imaging

Total DI exams

50,007

Cancer Centre

Number of visits

2,774

Renal Dialysis

Number of visits

5,643

Nutrition and Food Services

Number of meals served

170,097

Operating Room

Number of surgical visits

5,196

Women & Children's Health Dept.

Number of babies delivered

291

Laboratory

Number of lab tests

2,738,064

Day Surgery visits

4,539

Ways to Give

There are many ways you can choose to help. No gift is too small and every dollar makes a difference to your regional hospital and your community.

You can make your donation by phone at 902-749-1669. Our office is open Monday to Friday, 8:30am - 4:30pm. You can mail a cheque to us at PO Box 7, Yarmouth, NS B5A 4B1, or you can send an e-Transfer to info@yarmouthhospitalfoundation.ca

One-Time Donation

A gift by cheque, credit card or e-Transfer is the most common way to give. You may also give online through our website yarmouthhospitalfoundation.ca

Monthly Giving

Make an impact with a monthly gift: a little money from you every month goes a long way for local health care, right here at home.

Other Options

The federal government creates special incentives to encourage such gifts by eliminating the capital gains tax when securities are transferred directly to a charity.



YARMOUTHOSPITALFOUNDATION.CA

Registered Charity Number 11930-5555-RR0001

YHF raises funds to support and enhance Yarmouth Regional Hospital as a community and regional centre of excellence in health care. The board and the staff of YHF are also committed to protecting the privacy of donors and potential supporters and are compliant with PIPEDA (Personal Information Protection and Electronics Documents Act).

We do not sell, lease, trade or share your information with anyone.