



Do You Know?

Roman Holiday, the 2016 Gala, raised \$54,000 towards upgrading three anesthesia machines.

The Jody Shelley Golf Fore Health at River Hills Golf and Country Club raised \$38,000 for renal dialysis chairs.

Coming events

Giving Tuesday — Nov. 29 — is an opportunity to show your generosity to worthy causes such as the Yarmouth Hospital Foundation.

Tickets for the 2017 Spring Gala April 29 are available at the Foundation office in the hospital lobby in December. The theme is 'The Big Red Ball,' in honour of Canada's 150th anniversary.

Calendars

2017 Yarmouth, the 2017 Yarmouth Hospital Foundation calendars are now available for \$10 at the Foundation office, the hospital gift shop, Cindy's Home Decor, Shoppers Drug Mart, and Spears & MacLeod Pharmasave.

Christmas Campaign targets safety, peace of mind for patients, families

When our loved ones with Alzheimer's, dementia or memory loss are in hospital, wandering is the single most critical worry for family and the staff entrusted with their care.

The answer is the patient alarm wandering system, which consists of a bracelet or pendant worn by the patient and a monitor that is able to scan an area and identify the patient's location.

"This device will give freedom, flexibility and security for wandering patients and provide

peace of mind for staff, patients and their families," says Melanie Kennedy, Nurse Manager, Veterans Place and the ALCU (Alternate Level of Care Unit) at Yarmouth Regional Hospital.

"They don't have to be restrained, or confined to chairs so they can enjoy physical activity, which is so important to their well-being," Melanie adds, noting the device alerts staff

when the patient nears a door.

The system costs \$50,000 and is the fundraising goal of this year's Yarmouth Hospital Foundation Christmas Campaign.



Melanie Kennedy

Path to suicide prevention starts in May

Suicide prevention is the target of a three-pronged initiative that will be launched during Mental Health Week May 1-7, 2017.

The Yarmouth Suicide Prevention and Mental Health Promotion Initiative, supported by the Foundation, will focus on awareness, skill-building, and supportive environments, says Larry Phillips, Prevention and Health Promotion Coordinator for Mental Health and Addictions.

"Education is essential but not the whole picture," Phillips says.



Larry Phillips on the walking path

"Suicide prevention has to be supported and sustained by a variety of agencies to be effective."

The \$50,000 budget, spread over three years, will include a walking path among its projects.



Ways to Give

Gift in your will

By leaving a gift to the Yarmouth Hospital Foundation in your will you will continue to enhance health care in your community beyond your lifetime. Our staff are pleased to provide additional information or assistance.

Donate online

Giving to the Foundation online through Canada Helps is easy, safe and secure. You may make a one-time online donation or arrange monthly gifts by following the Donate Now link on our website to Canada Helps.

Memorial donations

Gifts in memory of someone special may be made through your local funeral home or by contacting the Foundation. Donations to the Foundation may be made by cash, cheque, Visa, MasterCard or Amex.

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**Photography by
Shawn Bourque**

Christina goes the extra mile

Christina Blake lost both her parents to kidney disease — her mother when she was a young woman, and her father just last January.

Both parents were blessed with wonderful care by health professionals, Christina says.

Staff at the Yarmouth Regional Hospital dialysis unit is incredibly supportive, not only of the patients, but also of their families, she says. “You become a family up there.

“I’ll do anything I can to support the unit,” says Christina, who also serves on the Yarmouth Hospital Foundation’s Spring Gala committee.

After years of caring for her ailing father, she determined to start living healthy and started running.

“I felt I was living for Dad,” says Christina, a detachment assistant with the Yarmouth RCMP.

That passion for running, together with her support of the Yarmouth dialysis unit, spurred her to run in the Bean There Ran That Marathon Aug. 28. The marathon has raised \$20,100 in the past four years.



Christina Blake

Community groups step up for hospital

The Foundation welcomes the involvement of any person, group, organization or business that wishes to host an independent fundraiser.

Shoppers Drug Mart’s Tree for Life fundraiser every fall, for example, has raised more than \$57,000 towards the Maternal Child Department.

For more information, contact Development Officer Mary Surette, 902-749-1669.

Hullabaloo buys birthing beds

The annual Women’s Auxiliary Hospital Hullabaloo has been a tradition in the Yarmouth area since 1910. Each September it attracts hundreds of volunteers and donors and hordes of bargain hunters.

This year’s Hullabaloo raised \$57,000, which enables the Women’s Auxiliary to purchase two birthing beds for the Maternal Child Unit and other critical equipment.

The Women’s Auxiliary chooses a new project each year, explains

Donna Kitter-Lloy, the Auxiliary’s representative on the Yarmouth Hospital Foundation Board.

“It takes everybody pulling together to meet our goal,” Donna says, noting that organizations in Clare and Pubnico do their bit by door-to-door collecting and business donations.

The event includes a live and silent auction, bake sale, on-site food sale, music, face painting for kids and cookie decorating.