

# YARMOUTH HOSPITAL FOUNDATION *Annual Impact Report*



YOUR COMMUNITY. YOUR HEALTH CARE. YOUR REGIONAL HOSPITAL. YOUR FOUNDATION.

# 2021

## Our Mission

The mission of Yarmouth Hospital Foundation is to support and enhance our hospital as a community and regional centre of excellence in health care.

## Our Vision

Advancing opportunities that inspire donors, both of today and tomorrow, the foundation strives to be a leader in health care philanthropy by building meaningful, life-long donor relationships. We encourage transformational giving to support health care innovation and excellence at the Yarmouth Regional Hospital and throughout the region for our families and the community.

## Yarmouth Hospital Foundation 2021 Board of Directors



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President N. LeBlanc  
Enterprises Ltd.  
Plymouth.



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Dean of Dalhousie  
School of Medicine  
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**Angie Green**  
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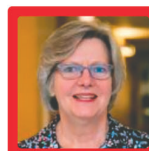
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Units, YRH  
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Zone Critical Care  
& Acute Medicine,  
Site Leader YRH  
(Retired).  
Yarmouth.



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Appointment:  
Municipality of  
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Barrington.  
Villagedale.



**M. Kathy Jarvis**  
Lawyer & Income  
Tax Specialist,  
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(Retired).  
Yarmouth.



**Melanie Kenney**  
Department of  
Justice Family  
Court Officer.  
Yarmouth.



**Alexander Pink**  
Lawyer, Pink Star  
Barro.  
Yarmouth.



**Aldric  
Robicheau**  
President,  
Rayanne  
Holdings Ltd.  
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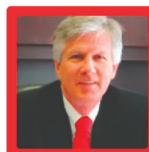
**John Ryan**  
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Yarmouth.



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**Jim Smith**  
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**Linda Sutton**  
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Toronto Star  
(Retired).  
Carleton.



**Patrick Wallace**  
Owner, Trout  
Point Lodge.  
East Kemptville.

# Welcome to our 2021 Impact Report



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## Social Media

 /YarmouthHospitalFoundation

 @YHFNS

 /yarmouth\_hospital\_foundation

*Our cover features  
some of the surgical  
services team of nurses,  
Dr. Chris Murphy & the  
2021 nursing scholarship  
winners.*

**Editors:** Linda Sutton,  
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## Reports: Year in review

In 2021, Yarmouth Hospital Foundation (YHF) committed a total of **\$1,529,590** towards essential equipment for Yarmouth Regional Hospital (YRH), serving Yarmouth, Digby and Shelburne counties. Among these purchases were a **\$76,913** surgical table for Perioperative Services (page 14), two bladder scanners for a total of **\$36,000** (page 24) and **\$399,950** for 41 ceiling lifts for the medical/ surgical floors (page 11), which improve conditions on the wards for patients and staff alike.

*Also –*

We announced our incredible gift of **\$22 million** (page 4) to improve health care in the area served by YRH for now and for generations to come!

We achieved *accreditation* (page 6) with Imagine Canada, one of only four hospital foundations in Atlantic Canada to do so!

We administrated *five* nursing scholarships to five incredible students (page 7) and continued as a *major financial supporter* of the Community Navigator Program's efforts (page 24) to attract doctors to the Tri-Counties!

We created the Healthcare Enhancement Endowment and issued *eleven grants* to community initiatives, projects, or programs within the Tri-Counties through our new Commitment to Healthcare Community Fund! (page 5)

We also appointed a *new managing director* (page 28) and had a *record-breaking radiothon* fundraiser (page 9)!

*How was your year?*



# 2021 In Review



Neil LeBlanc, Chair  
Yarmouth Hospital Foundation



## *Message from the chair*

*The future holds many exciting opportunities to expand and improve health care in the Tri-Counties.*

The role of hospital foundations has become increasingly important in Nova Scotia to ensure that our hospitals have the equipment and facilities needed to provide excellent health care and Yarmouth Hospital Foundation is committed to rising to the occasion. In 2021, our focus was on equipment for the OR that both improved outcomes for patients and also expanded the kinds of surgical procedures that could be done in our hospital so patients could avoid travel during a pandemic and beyond.

Our relationship with the Tri-Counties has been strong for the past 51 years. That bond has allowed Yarmouth Hospital Foundation to make contributions to Yarmouth Regional Hospital in the areas of greatest need — over \$26 million since the board was created in 1970. The largest share was \$10 million raised in the 1990s for the major hospital expansion that opened in 2000.

We've worked hard over the past two years, investing \$2.25 million for a variety of much needed equipment thanks to the incredible generosity of our donors. We were blown away by 2021's WE CARE Radiothon raising \$181,000 and then the Christmas Appeal brought in more than \$90,000. We are so fortunate to have such tremendous support and we're dedicated to both earning and keeping that trust.

Last summer we were granted accreditation by Imagine Canada, the umbrella organization for Canada's charities that sets standards for accountability, governance and transparency. Yarmouth Hospital Foundation is one of just four in Atlantic Canada to have earned this distinction, which ensures we have a well-run, efficient, and fiscally responsible organization.

The future holds many exciting opportunities to expand and improve health care in the Tri-Counties. We'll soon be faced with a request from the Department of Health and Wellness to support fundraising efforts for a hospital expansion to house a new Emergency Department. This project will transform our regional hospital and the services it delivers. The foundation will be there to do our part in making it a reality, and we know we can count on the generosity and support of the people of Yarmouth, Digby and Shelburne counties.

*Thank you for an incredible 2021, Tri-Counties.*

And here's to the future and all it holds!

*Impact: \$22 million gift*

## *Anonymous donor gifted Yarmouth Hospital Foundation with \$22 million*



*“It really is a game changer in terms of the opportunities that will now exist for the foundation.”*

Dr. Brendan Carr  
former CEO, Nova  
Scotia Health

On March 10, 2021, amidst much speculation and excitement, Yarmouth Hospital Foundation announced to the people of the Tri-Counties that a mystery donor had gifted the foundation with the largest donation ever received in YHF’s 50-year history: an astonishing \$22 million.

“The donor wished to improve the provision of health care in the area served by Yarmouth Regional Hospital and not to receive any public recognition. We honoured those wishes by creating the Healthcare Enhancement Endowment,” Dr. Harold Cook, then-chair of Yarmouth Hospital Foundation’s Board of Directors and former Dean of Dalhousie University’s Faculty of Medicine, said. He added that he was unaware of any charitable gift of this size to any health care foundation in Atlantic Canada. “It is extraordinary and certainly the largest Yarmouth Hospital Foundation has ever received.”

The \$22 million entrusted to the foundation has been carefully invested through our established processes under the guidance of the board and the Investment Committee. Up to 5% of the initial gift, amounting to at least \$1 million annually, will be allocated from the income generated. Of that, the foundation plans to direct approximately 85% to equipment, special projects and program enhancements at the Yarmouth Regional Hospital. Additionally, a YHF special committee will direct up to 15% to programs and services outside the hospital whose goal is to enhance the health and wellness of the region.

“We have a very generous community who have enabled us to support Yarmouth Regional Hospital in areas of greatest need, purchase capital equipment and help fund special projects,” said Paulette Sweeney-Goodwin, CFRE, former managing director. “This exceptional gift will enable us to have a lasting impact on health care in this region which is what the donor wanted. These past years with the COVID-19 pandemic, we have all seen how our health is our greatest asset.”

## *YHF's Commitment to Healthcare Community Fund and the Healthcare Enhancement Endowment (HEE)*

The transformational gift of \$22 million from an anonymous donor that Yarmouth Hospital Foundation received came with instructions to support health care initiatives across the area served by Yarmouth Regional Hospital – Digby, Shelburne and Yarmouth counties, not just within the hospital. To oversee this work, the foundation board created the Healthcare Enhancement Endowment (HEE), and adopted a policy to invest 15% of its projected annual investment earnings from the HEE (approximately \$150,000) toward community initiatives that align with the existing mission and goals of Yarmouth Hospital Foundation.

"Funding has been made possible by the overwhelming generosity of an anonymous donor, and we have been able to build on that," explains Melanie Kenney, HEE committee chair (pictured left). The committee developed eligibility criteria for the Commitment to Healthcare Community Fund, along with



a process for reviewing, ranking and selecting from the many applications received from across the Tri-County area.

"Born and raised in this community, I was absolutely inspired and uplifted to learn about new and existing initiatives in our area and the community support behind them," Melanie said. "There's nothing better than when you can give back to the community and enable other people to keep giving."

### **2021's Commitment to Healthcare Community Fund Grant Recipients**

**Bay Side Home (Barrington):** Two Hippocampe all-terrain chairs to take residents outside of the home to areas of the community, such as beaches and trails, that lack wheelchair accessibility.

**Children's Aid Foundation of NS:** Health & Well-Being Fund exclusively for underserved, at-risk and vulnerable children and former youth in care, ages 0-24, in the Tri-Counties.

**Digby & Area Health Services Charitable Foundation:** Infant scale and baby warmer for Digby General Hospital.

**Le Transport de Clare Society:** Transportation to and from hospital for medical appointments such as dialysis for lower-income residents of Digby County.

**Roseway Hospital Foundation (Shelburne):** Contribution to the purchase of a digital x-ray machine for Roseway Hospital.

**Villa Saint Joseph du Lac (Dayton):** Therapeutic sensory room for long-term care residents.

**VON Tri-County:** Expansion of the Meals on Wheels program from Shelburne to Cape Sable Island.

**Yarmouth and Area Chamber of Commerce:** Furnishings for the Credit Union Place medical student and locum units on Vancouver Street.

**Yarmouth County Ground Search and Rescue Team:** Standard first aid with CPR and AED training for 35 members this year and 15 additional members each year for the next three years.

**Yarmouth County Splash Park:** Community initiative designed to provide opportunities for active, healthy living and to increase inclusion and access to recreation for those who face constraints to participation.

**Yarmouth County Hospice Society:** Oximeters for VON nurses who provide quality care for end-of-life patients who wish to remain at home.



## *Imagine Canada Accreditation is about trust and stewardship*

*The Standards Program is a “set of national standards and best practices created by the sector for the sector. Earning the trustmark means building resilience, credibility, and donor confidence.”*

Source: Imagine Canada's Annual Report, 2020

Yarmouth Hospital Foundation is proud to have been granted accreditation by the Standards Program with Imagine Canada. By earning this prestigious “Symbol of Trust”, the Foundation has demonstrated our commitment to the highest level of accountability, governance, and transparency on a national level.

The initiative to gain accreditation came under the tenure of Dr. Harold Cook (pictured right), board chair June 2019 - June 2021, who saw the process as an essential step. “After many months of consolidating policies and documenting processes, this nationally recognized accreditation is a reflection of the accountability and commitment to excellence that the YHF Board continuously strives to achieve,” Harold said.



In bestowing this accreditation, Imagine Canada has recognized Yarmouth Hospital Foundation's excellence and compliance in five fundamental areas of operations: board governance, financial accountability and transparency, fundraising, staff management, and volunteer involvement. The foundation is pleased to join the group of more than 250 charitable and nonprofit organizations nationwide that have earned this symbol of trust.

Just four hospital foundations are accredited in Atlantic Canada, all within Nova Scotia. Besides YHF, they are QEII Health Sciences Centre Foundation, Cape Breton Regional Hospital Foundation and Cobequid Health Centre Foundation.

“Imagine Canada's accreditation is a rigorous process that requires a deep commitment by both the volunteer board of directors and organization's staff. To complete this process during such a challenging year is commendable,” said Bruce MacDonald, president and CEO of Imagine Canada.

“These organizations are committed to building their capacity to serve the diverse needs of communities across Canada. To the accredited organizations: welcome, and well done.”



## 2021 Nursing scholarships

Five students in the Dalhousie School of Nursing, Yarmouth site, received scholarships awarded by Yarmouth Hospital Foundation in 2021. All five hail from Nova Scotia and plan to begin their careers at Yarmouth Regional Hospital, gratefully welcoming the provincial announcement that will offer jobs in health care facilities to students enrolled in the nursing program. Four of the five winners are fresh high school graduates, while the fifth has worked in hospitals for a number of years.

### **FAUGHNE STEWART**

Lina & Alphonse Comeau Memorial Scholarship \$1,500

"Working with the public (at Barrington Pharmasave) has shown me how much I enjoy helping people which has helped me choose a career in health care."

### **BRETT REEVES**

Eileen R. Morisset Scholarship \$2,000

"We are a family of nurses. Having parents who are leaders in their workplaces has inspired me to pursue a career in nursing."

### **MONTANA MILLET**

Drs. Rajender & Asha Parkash Scholarship \$2,500

"Being out of high school and working as a ward clerk in two hospitals on the South Shore for the past five and a half years has really prepared me in joining the nursing program."

### **SAVANA D'ENTREMONT**

David R. Hall Scholarship in memory of Dr. Margaret Churchill \$5,000

"I am passionate about helping people, care about the safety of others and understand the importance of the circle of care. My job as a pharmacy assistant at Lawton Drugs has helped me tremendously."

### **ALEXA JEFFERY**

Yarmouth Hospital Foundation Scholarship \$5000

"Seeing my dad go through so many challenges (after a heart attack), mentally and physically, and the helplessness of not being able to help him has encouraged me to become a registered nurse."

*"We congratulate these students on their scholarships and wish them great success in their future careers."*

Neil LeBlanc  
YHF Board Chair



The winners (L-R) Faughne Stewart, Brett Reeves, Montana Millet, Savana d'Entremont and Alexa Jeffery



*A community radio station that believes in its community and in giving back*

Without our presenting sponsor Y95.5/CJLS Radio, there would be no WE CARE Radiothon. The radio station, a subsidiary of Acadia Broadcasting Ltd., has been an enthusiastic partner with Yarmouth Hospital Foundation since the launch of the WE CARE Radiothon in 2017.

"It's amazing what happens when the community comes together," said Eric Whynot, regional manager for Acadia Broadcasting and a member of the Radiothon Committee. "To partner with the foundation on the radiothon — it's a win for the foundation, it's a win for the hospital, it's a win for the community, and it's also a win for the radio station.

"We don't do it for the accolades," Eric said. "We do it because it benefits the community — and that includes our staff — in a direct way."

Hartley Reede, Y95 Program Director and a key on-air personality during the radiothon, added that the staff love the opportunity to participate in raising money for equipment for Yarmouth Regional Hospital, talking to the medical staff, YHF officials, volunteers and donors and sharing the stories that come up on the day. "We're the trusted voice that the people of the Tri-Counties look forward to hearing on a daily basis," Hartley said. "So when we can deliver a message or an encouragement for our listeners to raise money, we're the people who go to bat for that."

Radiothon day means extra work for the staff due to the special technical requirements, and juggling schedules to fit in all of the required everyday broadcasting elements — news, weather, music, commercials, etc. — around the various interviews and updates associated with raising money for the hospital. Nonetheless, the Y95 staff are energized by the process and are always thrilled by the outcome. At the end of the day, when another successful radiothon announces a final total, a few tears of joy are shed, Eric admitted.

Y95's support is not limited to the radiothon. For years it was a sponsor of the Spring Gala, last held in 2019, and is listed in the Leader category on the foundation's Wall of Honour in the hospital lobby. Yarmouth Hospital Foundation is grateful to enjoy the wholehearted participation and support of Y95.



Above: Eric Whynot  
Below: Hartley Reede







## Yarmouth Hospital Foundation WE CARE Radiothon

In the fall of 2016, Jeff Little, board member and chair of the Public Relations/Marketing Committee, and then development officer and now managing director Mary Surette proposed that Yarmouth Hospital Foundation embark on a new fundraising initiative, and the WE CARE Radiothon came into being. **That first radiothon raised nearly \$93,000** – and it was just the start.

2021 marked the 5th anniversary of the WE CARE Radiothon and, despite the challenges presented by running a major fundraiser during the COVID-19 pandemic, the day was a ground-breaking success:

*Our committee and donors rose to the challenge and raised \$181,00 for Perioperative Services!*

**(Of that amazing total, \$50,000 was a donation from the Tri-County Betterment Association!)**

"The radiothon is special because it allows everybody to participate – sponsors, school kids, community groups, anyone with a few dollars to drop into the change bucket," Jeff said.

He also described it as a 10-hour infomercial for the role of the foundation and the many services of our regional hospital. "The hospital is something that gives back to everyone in the community," Jeff said, "so it inspires a great sense of community generosity."



*In his five years as chair of the WE CARE Radiothon Committee, Jeff is proud to report that sponsors (he's one) and donors have raised over half a million dollars towards the purchase of a wide array of vital hospital equipment!*

However, 2021 was his last year as the "voice" of the radiothon: Jeff has passed the torch to board members Joy Gillespie and Peggy Green, co-chairs for the 2022 WE CARE Radiothon.

**Thank you, Tri-Counties, for five incredible years!**

*Here's to the next five!*



## Fundraising: Tri-County Betterment Radio Bingo



The Bingo Boys (L-R standing): Bucky McConnell, Jack Rodgers, (seated) John MacDonald & Ken Hatfield.

## Tri-County Betterment Radio Bingo boosts health care funding

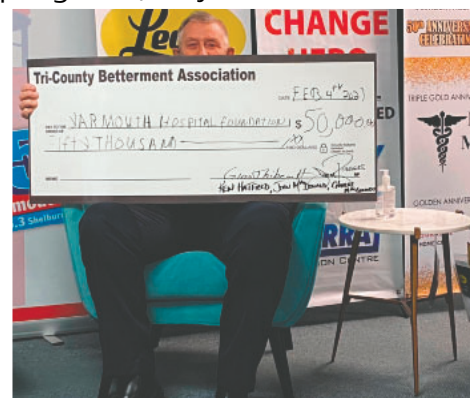
The men and women of the Tri-County Betterment Association have a serious purpose but also have a lot of fun while they're at it. For almost 19 years the Tri-County Betterment Radio Bingo has been running on Y95, Monday evenings after the 6 o'clock news. They sell \$15,000 a week in bingo cards — \$8/card — in shops from Bear River to Lockport.

Radio bingo was the brainchild of Ken Hatfield, who brought together a team of mostly Masons and Shriners and their wives. Ken and his core group get together weekly to tally the proceeds, make jokes and tease each other. All told, the association has donated more than \$750,000 to a wide range of charitable organizations across the Tri-Counties, including food banks and school breakfast programs, Boy Scouts and Girl Guides, fire halls and other service clubs, as well as all three hospitals.

"They're all part of the puzzle that support each other and keeps the community together and prospering," Ken said. The association's tally for 2021 was \$250,000 — "that's a quarter of a million dollars," he repeated.

The Tri-County Betterment Association has been particularly generous to Yarmouth Hospital Foundation with donations totalling more than \$121,000. In 2021 alone the association donated \$50,000 to the WE CARE Radiothon. (pictured right)

Why help the foundation? Ken was clear: **"Everybody uses the hospital one time or another. We're all in this together."**





## *Equipment in focus: ceiling lifts*



Yarmouth Regional Hospital serves the Tri-County area of Yarmouth, Shelburne and Digby counties: it is a regional hub and essential to our greater community. However, prior to 2021, it was the only regional hospital in Nova Scotia without a truly critical piece of equipment: ceiling lifts.

Yarmouth Hospital Foundation started to fundraise for the purchase of 13 ceiling lifts for the ICU unit with our 2020 Christmas Appeal after the urgent need was highlighted. The incredible utility of the lifts and the pressing need for them beyond just the ICU led to the inclusion of more ceiling lifts for additional areas of the hospital on our 2021 equipment list.

Board member Joy Gillespie was a strong supporter of this initiative:

"I was thrilled by the purchase of ceiling lifts for the inpatient units. As the former health service manager for the cardiovascular units, I saw first hand the struggle nurses had trying to move patients without this vital equipment. These lifts provide safe, comfortable ease of transfer for patients as they are moved from bed to chair, etc. They protect the patient, they protect the care providers: it's a win/win situation!" she said.

Holly Foster, team lead for 3-CV East, one of the first wards to have its ceiling lifts installed, was as delighted by them as Joy had anticipated. "We love our new ceiling lifts and appreciate the foundation supplying them so we can provide top-notch care to our patients while avoiding injury to ourselves. Thank you so much!"

**In total, \$399,950 was spent on 41 additional ceiling lifts in 2021, and that was entirely funded by foundation donors – so thank you, once again, for your generosity!**



### *Inpatients*

*By the Numbers,  
2021*

**% Occupancy  
88.37%**

**ICU Occupancy  
67.35%**



## Message from the treasurer



Who would have thought that, two years later, we would still be in a pandemic?

While the pandemic has spelled the end of the annual Spring Gala and Jody Shelley's Golf Fore Health Tournament, the foundation's supporters have continued to step up

and provide generous donations. The 2021 WE CARE Radiothon raised over \$181,000 (page 9) and the 2021 Christmas Appeal over \$90,000. Both were record setting achievements.

Aside from the regular fundraising appeals, the foundation continues to rely heavily on major gifts and bequests to support its programs: fortunately, these two categories alone contributed in excess of \$280,000 in 2021. All this allowed the foundation to purchase equipment for the hospital for a grand total of \$1.5 million in 2021. (See right for the breakdown)

The endowment from the \$22 million anonymous gift (see page 4) permitted the foundation to also accord special grants to organizations serving the Tri-Counties in areas related to improving the provision of health care. Approximately \$150,000 was provided in 2021 for 11 projects approved by a special committee of the foundation, with local representation, created for this purpose. (page 5)

Looking ahead, the foundation is embarking on a bold plan to provide more funding for equipment at Yarmouth Regional Hospital. **The board has approved approximately \$3 million for 2022.**

There was some trepidation that the gift of \$22 million might dampen the enthusiasm of the foundation's donors, but that has not been the case. There is a saying that "*Success begets Success*" and the foundation continues to benefit from the generosity and support of our donors.

For this we are truly grateful.  
Allan Boudreau, Treasurer.

## Our 2021 equipment commitments

1. <b>Colposcope</b> (Perioperative Services)	\$35,893
2. <b>C-MAC Fibreoptic</b> (Perioperative Services)	\$25,000
3. <b>ACL Repair Orthopedic Instruments</b> (Perioperative Services)	\$45,000
4. <b>Five Ophthalmology stretchers</b> (Perioperative Services)	\$48,000
5. <b>Two Bladder Scanners</b> (Women and Children's Health /OR; Medical Floors)	\$36,000
6. <b>Direct Digital Radiography Unit</b> (Diagnostic Imaging)	\$599,918
7. <b>Two Telemetry Monitors</b> (Emergency Department)	\$3,300
8. <b>Osmometer</b> (Laboratory)	\$51,275
9. <b>Steam Sterilizer</b> (Medical Device Reprocessing)	\$133,315
10. <b>41 Ceiling Lifts</b> (Medical/Surgical Floors)	\$399,950
11. <b>Combination Oven</b> (Nutrition & Food Services)	\$32,659
12. <b>Surgical Table</b> (Perioperative Services)	\$76,913
13. <b>Wrist SPO2 Monitor</b> (Respiratory Services)	\$1,602
14. <b>Multi-parameter Patient Monitor</b> (Women and Children's Health)	\$30,765
15. <b>Miscellaneous Equipment</b> (Reserve fund for items under \$1000)	\$10,000

**TOTAL 2021 Equipment Commitment:**

**\$1,529,590**

**All items funded 100% by YHF donors**

# Financial report

With our community behind us every step of the way, Yarmouth Hospital Foundation can be confident in our goal to support health care today and tomorrow. The successful fundraising efforts in 2021 were a direct result of the unwavering commitment of you, our valued donors, and have enabled the YHF Board to commit over \$3 million for equipment in 2022! Thank you!

## Financial highlights for year ended December 31, 2021

### REVENUES 2021

Donations & Fundraising	\$756,443
Investment Income	\$2,275,681
Rental Income	\$25,000
<b>Total Revenue</b>	<b>\$3,057,124</b>

### DISBURSEMENTS 2021

Contributions to Yarmouth Regional Hospital & donations to charities	\$1,547,899
Physician recruitment initiatives & scholarships *	\$67,185
Fundraising	\$73,540
Administration & employee compensation	\$461,021
<b>Total Disbursements</b>	<b>\$2,149,645</b>

<b>OPERATING SURPLUS FOR THE YEAR</b>	<b>\$907,479</b>
<b>Unrealized gain**</b> on equity investments	<b>\$2,163,201</b>
Transfer to Future Fund	\$907,000
Excess	\$2,163,680

\* See pages 7 & 24 for details on these initiatives

\*\*An **unrealized gain** is the increase in the fair market value of an investment over its cost for investments that are not sold. In compliance with the Accounting Standards for the Not-For-Profit Organizations (ASNPO), charitable organizations must record their investments for financial statement purposes at fair market value. The change in the year-end difference between the organization's investment cost and fair market value is recorded as an unrealized gain/loss for that year.



## *Surgical Department* *By the numbers, 2021*

**Total number  
of surgical visits**

**5,614**

**Inpatient surgical visits**

**798**

**Day patient surgical visits**

**4,816**

These surgeries may have been General Surgery, ENT, Obstetrics, Gynecology, Urology, Ophthalmology, Orthopedics, Vascular or Endoscopic procedures.

## *Equipment in focus: surgical services*

In 2021, Yarmouth Hospital Foundation's equipment commitments included the purchase of several critical items for the Perioperative Care/Surgical Services team.

### **Five Ophthalmology Stretchers**

cost \$48,000

These stretchers (pictured right) support patients before and during eye surgery procedures, mainly for cataract surgery. Cataract surgery replaces the cloudy lens caused by the cataract and therefore improves the patient's vision and quality of life.



### **ACL Repair Orthopedic Instruments**

cost \$45,000

The ACL (anterior cruciate ligament) is one of four primary ligaments that provides stability to the knee joint. ACL reconstruction is surgery to replace a torn ACL. The surgery improves a patient's mobility. (pictured left)



### **C-Mac Fibreoptic Scope**

cost \$25,000

This flexible scope attaches to a video intubation machine that allows visualization of the patient's airway. This piece of equipment provides increased safety to the teams — in particular during COVID — allowing distancing during placement of the intubating tube. (pictured right)



*Did you know...* The perioperative period is the time period of a patient's surgical procedure. It includes ward admission, anesthesia, surgery, and recovery.



## Equipment in focus: surgical services



**Colposcope**  
cost \$35,893

The Colposcope (*left*) is used for gynaecological procedures both in the perioperative setting as well as in an ambulatory care setting. This device provides amplified visualization during examination of the cervix to detect cancerous or precancerous or abnormal cells.

**Surgical Table**  
cost \$76,913

A state-of-the-art surgical table (*below right*) offers angle adjustment capabilities that can help your surgeon reach the surgical area more comfortably and safely. It is also critical to delivering the right dosage of anesthesia.

**"The new table offers the additional benefit of expanding the kinds of surgeries that can be performed in Yarmouth and therefore eliminating travel for many patients,"** said Yarmouth Regional Hospital Site Medical Lead and general surgeon Dr. Chris Murphy. (*pictured below*)



The OR nurses (*Bottom left; L to R*): Gina Leaman, Elena Pottie, Lisa Muise, Stephanie Hurlburt, Deborah Janke.



### Equipment Purchases Perioperative Services, 2021

- |                                      |          |
|--------------------------------------|----------|
| 1. Colposcope                        | \$35,893 |
| 2. C-MAC Fiber Optic                 | \$25,000 |
| 3. ACL Repair Orthopedic Instruments | \$45,000 |
| 4. Five Ophthalmology stretchers     | \$48,000 |
| 5. Surgical Table                    | \$76,913 |

total: **\$230,806**

*All items funded 100% by YHF donors*



# Gifts in memory...

Gifts in memory can be made by calling the foundation office at 902-749-1669 or going to the website [yarmouthhospitalfoundation.ca](http://yarmouthhospitalfoundation.ca) and clicking on the Donate button.

In 2021, donations were made to Yarmouth Hospital Foundation in loving memory of the following...

Acker, Noah  
Adams, Vernon E.  
Amero, Frank  
Amero, Fred  
Amirault, Mardi  
Amirault, Leonard J.  
Amirault, Marion  
Amirault, Stanley Paul  
Amiro, Theodora  
Anthony, Blaine  
Atkinson, Angus  
Atkinson, Joyce  
Bassett, Raymond T.  
Baxter, Joyce  
Belliveau, David  
Belliveau, Fred  
Belliveau, Marion  
Betts, David  
Blades, Robert & Leah  
Blinn, Eric  
Bonnar, Bernie  
Bourque, Roland  
Bourque, Delbert  
Bourque, Ludger & Irene  
Bourque, Mr. & Mrs. P.  
Bowers, Merle  
Bradshaw, Malcolm  
Brannen, Buddy & Martha  
Brannen, Kempton "Trent"  
Brannen, Larry  
Button, Rose  
Campbell, Susan  
Challoner, Larry  
Clements, Janice  
Cole, Loma  
Comeau, Annette E.  
Comeau, Cecil  
Comeau, Elizabeth "Liz"  
Comeau, Evelyn & Denis  
Comeau, Gary  
Comeau, Gerald & Jeannette  
Comeau, Ivan  
Cook, Archie  
Corning, Anne & Jack

Corning, Christine  
Cottreau, Alice  
Cottreau, Charlene  
Cottreau, Edward  
Cottreau, Jean  
Cottreau, Lorraine  
Cottreau, Raymond  
Crabbe, Rickard "Dick"  
Crowell, Bobbie  
Crowell, Jeff  
Crowell, Nancy  
Crowell, Sadie  
Crowell, Zella Mae  
Cullen, Aubrey  
Cunningham, Edward  
Cunningham, Richard  
Cunningham, Stephane  
Cushing, Russell  
Cushing, Wayne & Jennifer  
Dagley, Ivan & Almira  
DeCoursey, Hazel  
d'Entremont, Blair J.  
d'Entremont, Carl P.  
d'Entremont, Cecil J.  
d'Entremont, David Lewis  
d'Entremont, Floretta  
d'Entremont, George  
d'Entremont, Paul  
d'Entremont, Puis  
d'Eon, Corinne  
d'Eon, Lucien  
d'Eon, Paul  
Deveau, Alzora  
Deveau, Bob  
Deveau, Ed  
Deveau, Leo Joseph  
Deveau, Phyllis  
Deveau, Roseanna  
Deveau, Stanis  
Dixon, Maggie  
Doucet, Abel  
Doucet, Azele  
Doucet, Benoit, Edna & Lorraine  
Doucet, Rodolphe

Doucette, Jeanne  
Doucette, Terrance  
Durkee, Ralph  
Emin, Fred Jr.  
Fenton, Arthur  
Fenton, Beulah  
Ferron, Pierre  
Fleming, Matthew  
Gaudet, Ronald  
Gavel, Donald  
Geddry, Mr. & Mrs. A.  
Goodwin, Darlene  
Goodwin, Florence  
Goodwin, Gordon & Josephine  
Goodwin, Nancy  
Goreham, Treena  
Grant, Mason  
Graves, Hali  
Gray, Ronald  
Green, Elinor  
Greenhalgh, George  
Hanf, Garth  
Hannigan, Mary "Edith"  
Harris, Heather, Deanna Lee & Janet  
Hatfield, Dr. Eric  
Haynes, Jim  
Hicks, Thomas  
Higby, Ann  
Hilton, Marjorie  
Hood, Joan  
Horton, Sunny  
Hubbard, John R.  
Huby, Carol  
Hurlburt, Arthur & Glenna  
Huskilson, Carmen  
Jacquard, Darlene (LeBlanc)  
Jacquard, Delphis  
Jacquard, George  
Jacquard, Louie O.  
Jarvis, Taia  
Jayne, Marguerite  
Jeddry, Zenon  
Kelly, Edward



Kent, Freida  
Killam, D. Budd  
King, Roger  
Knowles, Sylvia  
Krafve, Paul  
Landers, Gerald & Pauline  
Landry, Benoit & Florence  
Larkin, Clifford  
LeBlanc, Arthur & Yvonne  
LeBlanc, Barbara  
LeBlanc, Dorothy  
LeBlanc, Jeanette  
LeBlanc, Michael R.  
LeBlanc, Mr. & Mrs. Walter  
LeBlanc, Mr. Jean  
LeBlanc, Paul  
LeBlanc, Lester  
LeFave, Billy  
Little, Dora  
MacDormand, Jimmy  
MacIsaac, Seretha  
MacKenzie, Danny  
MacKinnon, Kathleen  
MacLeod, James F. "Jim"  
MacLure, Barrie C. & Ian B.  
Mahoney, Charles  
Maillet, Daniel  
Malone, Elaine  
Mangels, Henier  
Marden, Gerald  
Marshall, Cheryl  
McDonnell, Jamie  
McDormand, James  
McEachern, Marjorie  
Melanson, Beryl & Lawrence  
Melanson, John, Leonie & Giselle  
Miller, Lawrence "Ray"  
Miller, Violet R.  
Mood, Roger  
Morehouse, Kay  
Morrow, Jan  
Mosher, Jean  
Moulaison, Camille  
Moulaison, Delta & Frank  
Moulaison, Melbourne &  
Emilienne  
Muise, Audrey  
Muise, Leta & Zacharie  
Muise, Mr. & Mrs. Eugene  
Muise, Ron

Muise, Rose & Daley  
Mullen, Keith  
Nestor, James  
Newell, Murray  
Nicholl, Neil  
Nickerson, Blanchard  
Nickerson, Eileen May  
Nickerson, Eleanor  
Nickerson, Freddy  
Nickerson, Marilyn  
Nickerson, Mayola  
Nickerson, Patricia  
Nickerson, Roderick  
Nickerson, Stan  
Nickerson, William S.  
Noah, Frederica "Freddy"  
Ntambazi, Dr. Matthew  
O'Connell, Johnnie  
Outhouse, Donald  
Outhouse, Kingsley & Leta  
Penney, Sean Christopher  
Perry, Chris  
Perry, Norman L.  
Pike, Arthur & Alice  
Pike, Harold  
Pinner, Dwayne  
Pinner, Ruth  
Poole, Sheila  
Poole, Charles "Earle"  
Porter, Ryan  
Pothier, Victorine  
Pottier, Janis  
Prime, Roy  
Randall, Diane  
Robbins, Charles & Barbara  
Roberts, Clarence  
Roberts, Marilyn (Sweeney)  
Robichaud, Conrad  
Robichaud, Ellie  
Robicheau, Della  
Robicheau, Loretta & Bernie  
Rogers, Sarah Marcella "Marcie"  
Matheson  
Rose, Murray  
Rose, Paul  
Royal, Peggy  
Ryan, Kenneth  
Saulnier, Anita  
Saulnier, Delbert  
Saulnier, Don

Saunders, Larry  
Scott, Jean  
Seal, Maryann  
Shaughnessy, Katherine  
Shrader, Lloyd  
Simmons, Ronald  
Skaarland, Wendy  
Smith, Annie  
Smith, Bernard W.  
Smith, Everley Alice  
Smith, Noble  
Smith, Stuart  
Smith-LeBlanc, Margo  
Snow, George A.  
Spinney, Ronald  
Spinney, Wesley  
Stewart, Peter  
Stoddard, Phil  
Stuart, Roland  
Stuart, Vince  
Surette, Doris  
Surette, Lorraine  
Surette, Pete  
Surette, Richard  
Surette, Vivian  
Surette, Winnie  
Swim, Nigel  
Swinimer, Scott & Roberta  
Symonds, Tom  
Taylor, M. Diane (Jeffery)  
Theriault-Johnson, Adele E.  
Thibeault, Peter & Bessie  
Thibedeau, Herbert "Herb"  
Thomas, Audrey  
Thomas, Hersey & Marie  
Trask, Mary  
Tucker, Bruce & Mildred  
Van Duin, Mattheus Pieter  
Villarroel, Antonio "Tony"  
Wagner, Harry, Richard & Robert  
Wagner, Howard  
Warner, Walton & Josina  
Watt, Bruce  
Weaver, Geraldine  
Wetmore, Helen & Edgar  
White, Walter  
Wilson, Walter  
Wood, Leslie & Laura  
Zinck, Ray

*"When you are sorrowful look again into your heart, and you shall see that  
in truth you are weeping for that which has been your delight."*

– Kahlil Gibran



## Fundraising: Facebook & memorials

Artist Denise Comeau is at the stage of life where she's getting rid of "trinkets," so she doesn't want gifts for birthdays or other occasions. For her most recent birthday, she jumped at the chance Facebook offers to do a fundraiser for the charity of your choice. Denise chose the Yarmouth Hospital Foundation, which she also supports with a monthly donation.

The notice was posted on her timeline and friends and family just had to click on a button and follow the prompts to make a donation to the foundation in her honour. "It's very easy and 100 percent of the money goes directly to the foundation. My fundraiser raised a little over \$300," Denise said. Her daughter, Ghislaine, who is a cancer survivor, also opened a fundraiser on Facebook and raised \$780 in the first two hours. Her final tally was \$2,450.

"I'll do it for sure every year now," Denise says. "It's very important. If you can't support your hospital, who can you support?"



### Facebook fundraising with Denise Comeau

Denise and her partner, Dr. Kenneth Deveau, live in Comeauville on the family horse farm; Kenneth serves on the YHF Board. She is a painter and printmaker whose watercolours are inspired by the landscape and the Acadian experience. Her work can be seen online at [denisecomeau.com](http://denisecomeau.com).

← Admitting  
← **Emergency**  
↓ Information Desk  
← Outpatients

### Gifts in Memory with Gladys Bower

Gladys Bower is a firm believer in giving local. "So many people want you to donate to a variety of causes," Gladys said, "that at some point I just decided to give in memory of people to Yarmouth Hospital Foundation because everybody's going to need the hospital at some time in their life."

Gladys feels a strong connection with Yarmouth Regional Hospital. She started doing four-hour shifts one day a week on the Information Desk in January 1996, just a few months after she retired from Service Canada. Soon after she also began working in the gift shop run by the Women's Auxiliary. She chose the hospital for her volunteer work because her brother worked in the lab for 30 years. When she started, the "new" hospital was just in the planning stage and the information desk was in Building C, next to where day surgery and rehabilitation services are now.

"We wouldn't have the equipment we have if the foundation didn't buy it, and we need all the equipment we can get," she said.

While the pandemic kept Gladys away from the Information Desk for awhile, it didn't keep the hospital from her heart and mind. She continues to remember the hospital with her gifts to the foundation — in memory of friends who have passed away, and in honour of family at Christmas time.

*Gladys Bower lives in Dayton*



One Saturday night in July 2021, Wanda Devine — who has suffered from Crohn's Disease for years — was in the Emergency Department in extreme pain. Dr. Oleg Lefel diagnosed her with sepsis, a potentially life-threatening condition that occurs when the body's response to an infection damages its own tissues, and immediately whisked her into the operating room. "He literally saved my life," Wanda said. Just 36 hours later, she had to undergo a second surgery to attach a colostomy bag.

Wanda spent 16 days in recovery and has nothing but praise for the amazing care by all the staff on the surgical ward: "The doctors and nurses were so compassionate and caring," she said. One of the nurses, whom she'd known from childhood, would stay after her 12-hour shift to wash Wanda's hair and give her a back rub. The ostomy nurse who helped her during those difficult days keeps in touch and continues to provide advice and care. "It wasn't a wonderful stay, but they made my stay the best possible experience that it could have been."

When she was feeling better, Wanda made a point of sending thank-you notes to express her appreciation for the care she received — and reached out to YHF to share her story.

*Wanda Devine is the owner of the Dennis Point Cafe in Lower West Pubnico.*

## Patient stories with Wanda & Susan

Spending four months in hospital is no one's idea of a good time, but Susan Reed is full of praise for the staff at Yarmouth Regional Hospital who helped her during a difficult period. "From the RNs to the guys who drove the big floor cleaners: they were kind, professional and pleasant," Susan said.

In December 2020, she arrived at the Emergency Department in great pain, very weak and with virtually no blood circulation in her left foot. She received immediate attention and was transferred to Halifax for surgery to remove blood clots. Ten days later she was returned to Yarmouth for recovery and to await surgery to amputate gangrenous toes.

In the months that followed until her surgery in Kentville in April 2021, Susan spent time on the cardiac unit, 4South and 4East. She was there long enough to make friends she still keeps in touch with. She has now made a good recovery from the physical and emotional trauma. To show her appreciation, Susan is a WE CARE Radiothon supporter.



*Susan Reed lives in Dayton.*

**We encourage you to share your stories of gratitude, kindness and compassion encountered in your hospital experience. With your permission, we'll share your positive story in one of a variety or potentially several of YHF communications.**



# Wall of Honour

Our Wall of Honour is a permanent tribute to those who have given a cumulative total of \$5,000 or more to the foundation since 1992. Located in the main lobby of the Yarmouth Regional Hospital, it celebrates the commitment to community health care.

## **FRIENDS** (\$5,000 to \$9,999)

Agropur Division Natrel  
Andrews, Roy & Family  
AstraZeneca Canada  
Atkinson, Mervin & Angela  
B. Reynold's Trucking Ltd.  
Baker, Joseph P.  
Balmanno, Katherine & family: In loving memory of Dr. James T. Balmanno  
Banks, Minola M.: In memory of Barrington Area Lions Club  
Barro, Greg & Kim  
Batstone, Lynn Charles: In loving memory  
Bee Fisheries Ltd  
Belliveau Motors  
Boudreau, Dr. Cindy  
Boudreau, M. & J. Rodney  
Boutilier, George & Marie  
Bruce Honda  
Burns, Marilyn J.  
Campbell, Claire Marie: In loving memory always Husband Charles & Children: Charles, Leo, Cynthia  
Churchill, Fred & Ronna  
Clare Mutual Insurance Company  
Claredon S. Nickerson Ltd.  
Clark, Ron & Reta  
Cleveland, Mae: In loving memory of Gerald Cleveland  
Clulee, J.W. "Ian" & Mary Davis  
Comeau, Alphonse & Lina: In loving memory  
Comeau, Evelyn & Denis: In loving memory  
Comeau, Marie Delia  
Comeau, Paul & Pat  
Comeau, Therese & Bernadin J., C.M.  
Commissionaires Nova Scotia  
Conrad Cushing Bain Inc.  
Cook, Don & Marlene  
Corkum, Joan, in memory of Megan & Erin Corkum  
Cottreau, Dr. Alison  
Cottreau, The Hon. Ernest G.: In memory by his wife Rachael & Family  
Couture, Dr. Dominique & Valerie Piercey

Cox, Dori: In loving memory of Robert E. Cox  
Crocker, Richard & Doris  
d'Entremont, Dr. Lionel  
Day, Georgia May - estate  
deGooyer, Jack & Lies  
d'Entremont, R. Irene: In memory of Theodore "Ted" d'Entremont  
d'Eon, Simone  
d'Eon, Vernon & Corrine  
Digby & Area Health Services  
Charitable Foundation  
Dooly's Yarmouth  
Dyke, Eleanor Gertrude - estate  
Eldridge, Mary & Peter  
Farmer's Co-op Dairy Ltd.  
Ford, Gloria: In memory  
G. M. Newell Ltd.  
Goodwin, Sam & Nancy  
Goudey, John and Dorothy  
Graham Construction  
Graves Electrical  
Greg Symonds Boat Builders Ltd  
Harding, B. Allan  
Harold Crabtree Foundation  
Hatfield, Eileen  
Hurlburt, Nancy & Richard  
Huskilson, Carmen Faith: In memory  
Innovative Fishery Products Inc.  
Inshore Fisheries  
Jeszenszky, Tibor  
Jewish Community of Yarmouth (Agudath Achim Congregation) 1906-2007  
Kenney, Audrey & Seymour W.  
Lafarge Canada Ltd.  
LeBlanc, Dr. P. H.  
Legere, Dr. Al & Sandra  
Les Religieuses Hospitaliers de St. Joseph  
Little, Dr. J. Kenneth  
Littlefield, Florence - estate  
Lloy, Milford & Donna Kitter-Lloy  
M & R Engineering  
MacConnell, Charles F. (Bucky)  
Madhvani, Dr. & Mrs. Ashwin  
Maloney, Joseph & Flora Ann  
McDevitt, Catherine (Cassie) T.  
MCT Insurance  
Messenger, Jack & Donna  
Mooney, J. Fraser  
Muise, John (Johnny the Shoemaker): In loving memory

Municipality of the District of Digby  
Murphy, Charlena W. - estate  
Murphy, Milton & Kathryn (MacLeod)  
Murphy, Patrick & Michael  
Nickerson, Florence Lavinia - estate  
Nickerson, Ida F.  
NS Fishermen's Association of Scallop Draggers  
NS RCMP Veterans Association  
O'Hanley, Roy W. & Theresa  
O'Hanley, Theresa - estate  
Patterson, Malcolm  
Paul d'Entremont Marine Ltd.  
& d'Entremont family: In loving memory of Rosalie d'Entremont  
Pitman, Walter - estate  
Pronova Biopolymer Canada Ltd.  
Pubnico Area Lionettes  
R. & D. Nickerson Fish Products Ltd  
R. Comeau Fuels Ltd.  
RBC Foundation  
Ricker, Ruth L.  
Roberts family: In loving memory of Donnie Roberts  
Roberts, Donald: In memory of Marilyn Roberts  
Robichaud, Benoit & Anne-Marie  
Rodney, Kenneth & Ruby  
Rogers Furniture Company  
Rose, Reg & Joanne  
Roseway Hospital Charitable Foundation  
Saderholm, Barbara Boyd  
Saulnier, Brian & Rosanne Thibault  
Saxton Comeau  
Sayat, Dr. Gregio  
Scotia Harvest Inc.  
Scotia McLeod Inc.  
Sea Crest Fisheries Ltd.  
Sears, Gregory and Marianne  
Star, Gert & family: In loving memory of Danny Star  
Surette, Glen & Mary  
Sutton, Linda  
Sweeny's Funeral Home & Crematorium Ltd.  
T & W Catering  
Taylor, Kirk: In memory from his Family  
The Co-operators - Clyde Lutz &



## Associates

The Real Estate Store  
Thibeau, Frank & Doris  
Thistle Hyundai  
Town of Clark's Harbour  
Town of Digby  
V & R Traps  
Veterans Geriatric Trust  
Wainwright, John H.  
White Perkins Associates  
Wood, Leslie & Laura  
Yarmouth Hospital Activity  
Committee  
Yarmouth Rug Hookers  
Yarmouth Sea Products Ltd  
Yarmouth Veterans Firefighters

## FELLOWS

(\$10,000 to \$24,999)

Allen, S. Kent  
Atkinson, Garth Mervin - in loving  
memory from Marla & Robert  
Aubin, Claude & Jane Belair  
Bank of Montreal - Yarmouth  
Branch  
Boudreau, Brian & Sandra  
(Murphy)  
Boudreau, Edward & Laura  
Buse, R.M.  
Caldwell, Robert M., M.D. & Myrtle  
E. Nichols Caldwell, R.N.: In  
memory  
Cameron Publications  
Cassa Business Equipment Ltd.  
Castlebury family  
Churchill, Dr. Margaret  
City Drug Store  
Comeau, Rose-Anne  
Condon, Pam & Keith  
Cook, Harold & Helen  
Cook's Dairy Farm  
Corbett, Rev. Ray: In loving  
memory of Irene Corbett  
Cunningham, Adlai & Jeri-Lynn  
d'Entremont, Aline G.  
Daley, John & Nancy  
Dean, C. W.  
Dean, Phyllis M.  
deGooyer, Jack  
Doucette, Paul Charles (Rusty) &  
Jacqueline Anne (Jack) Doucette  
East Side Fisheries Ltd.  
Ellis, Beverly  
Emery Smith Fisheries Ltd  
Emin, Tootsie  
Ferguson, Roy & Jean  
Garian Construction  
Goodwin, Layton & family  
Goodwin, Myra - estate  
Grant Thornton  
H. M. Huskison's Funeral Homes  
Ltd.  
H. V. Anthony Greenhouses Ltd.  
Hall, David Roger: In memory of  
his father C. Roger Hall  
Halstead, Evelyn M. - estate  
Hamilton, Clara V. - estate

Hood, Clifford & Joan: In  
memory of Capt. Samuel C.  
Hood IV  
I.M.O. Foods Limited Canada  
Isles Foundation  
J.V. Driver: In memory of Erika  
Elkington  
Janke, Dr. Edwin & Elizabeth  
King, Dr. Donald W.  
Kini, Dr. G. Keshav  
Koon, Bernice S. - estate  
Laing, M. MacDonald & Helen  
Laing - estate  
LeBlanc, G.J. & Anne Marie  
Lee Harold G.: In memory  
Leon's Yarmouth  
Mackay, Audrey S.  
MacKinnon, Doris Norma - estate  
Malone, Richard S. & family  
Mariners Centre  
Masonic Foundation of Nova  
Scotia  
Mauro, Dr. Gloria R.  
McDonnell, Jamie: In memory  
McEachern, Gerry & Marge  
McEachern, Marge & family: In  
loving memory of J.G. McEachern  
McGuire, V. Alan  
Muise, Dr. Roland  
Muise, Mark & Paulette  
National Bank of Canada  
O'Brien, Dr. Milton W.  
Pink Nickerson Star  
Pothier, Marcel & Shara  
Prabhu, Dr. Umesh  
Rattee, Maureen P. & Family: In  
loving memory of Edward K.  
Rattee  
Rhuda, Eileen & family: IN memory  
of Ernest Rhuda  
Richards, Iris  
Riverside Lobster International Inc.  
Robbins, Charles & Barbara  
Royal Bank of Canada - Church  
Point Branch  
Royal Canadian Legion - West  
Pubnico Branch 66  
Royal Canadian Legion -  
Yarmouth Branch 61  
Rudder's Seafood Restaurant &  
Brew Pub  
Saulnierville Pharmacy Ltd.  
Sears, Wilbert  
Singer, Barbara  
Singer, Bill & Barbara E.  
Smith & Watt Ltd.  
Snow, George: In loving memory  
of Marjorie Snow  
Sobey Foundation  
Sobeys Store Ltd. (592 Yarmouth)  
Sou'West Nova ATV Association  
Sweeney-Goodwin, Paulette &  
David R (Rick) Goodwin  
Toronto Dominion Bank  
Trout Point Inc.  
Tusket Ford  
Vergez, Bernadette & Jean

Vernon d'Eon Fishing Supplies Ltd.  
Wedgeport Mutual Fire Association  
Club  
Westby, Dr. Donald  
Wetmore, Rod: In memory of Helen  
& Edgar Wetmore  
Wilson's Shopping Center  
Wood, J. Gordon & Marlene Wood  
Wyman, Dr. Ches  
Yarmouth Automobile Dealers  
Association  
Yarmouth Development Corp  
Yarmouth Jr A Mariners Pink in the  
Rink  
Yarmouth Lions Club

## LEADERS

(\$25,000 to \$74,999)

A.F. Theriault & Son Ltd.  
Acadia First Nation  
Acadian Seaplants Ltd.  
Adcor Marketing/Tim Horton's  
Arenburg, David & Elizabeth  
Belliveau, Raymond & Joan  
Blackie, Elinor Hall - estate  
Bradshaw, Malcolm & Shirley  
Brett, Joan & Peter  
Canadian Tire  
Chetwynd, Brian  
CIBC  
CJLS "The Wave"  
Clearwater Fine Foods  
Coastal Financial Credit Union  
Crescent Gold & Diamonds  
d'Entremont, Mary-Dolores  
Dobson, Paul: In loving memory of  
Thelma Dobson  
Doty, Carl & Nancy: In memory of  
Sarah Doty  
Doucette, Debbie: In honour of  
Eldridge, Harry B. - estate  
Ellis Print Ltd.  
Germain Mechanical & Electrical  
Ltd.  
Goodwin, Nancy L.  
Hall, David R.  
Hall, David R.: In memory of  
Margaret Churchill  
Imasco Limited  
Irving Oil Ltd.  
Killam, Robert B. & Kathleen  
Ladies Auxiliary - Royal Canadian  
Legion Clare Branch #52  
Leahey, Dr. Shelagh  
Maritime Tel & Tel Co. Ltd.  
Moses Medical  
Motor Mart Ltd.  
Muise, Chantal Ann - estate  
Nickerson, William, Coleen &  
family  
Nova Scotia Power  
Pink, Irving C.  
Pink, Ruth M.  
Porter, Leslie (Lofty) George -  
estate  
Rastin, Thomas  
Register.com



Rodd Hotels & Resorts  
Royal Canadian Legion – Cape  
Sable Br. 148

Scotia Garden Seafood Inc.  
Sea Star Seafoods Ltd.: In  
memory of Fenton & Bertha  
Cunningham  
Smith, Colin & Brenda: In memory  
of Rhonda Smith Nickerson  
Smith, Elnathan (Babe) & Leilani  
Smith, Roger & Gaile  
Stephen Bishop & Associates  
Subway Yarmouth Limited  
Sun Life Financial  
Surette, Dr. Joel  
The Atlantic Philanthropies  
Tri-Star Industries Limited  
Tusket Toyota Limited  
Uecker, Gertrude  
Webster Family - 6 Generations  
of NS Physicians  
Wilson, Walter & Ruth  
Yarmouth "Bean There Ran That"  
Marathon Event  
Yarmouth County Hospice Society  
Yarmouth Dental Group  
Yarmouth Forklift Limited  
Yarmouth Hospital Auxiliary –  
Hebron Branch  
Yee, Dr. Kenny

**BENEFACTORS**  
(\$75,000 to \$99,999)

Bank of Montreal  
Blades, Basil & Family  
Johnson Inc.  
Kaiser, Earle & Helen  
LeBlanc, John Alpha - estate  
Murray GM  
Parkash, Drs. Asha & Rajender  
Pink Star Barro  
R. I. Smith Company Ltd.  
Rotary Club of Yarmouth  
Royal Bank of Canada  
Ruse, Alice - estate  
Shopper's Drug Mart  
Spears & MacLeod Pharmacy Ltd.  
The Lobster Calendar Association  
Tri-County Vanguard  
Y95 CJLS: a Division of Acadia  
Broadcasting

**PATRONS**  
(\$100,000 to \$249,999)

Charlesville Fisheries  
Gateway Realty Ltd  
Hogg, Gordon Alexander - estate  
Killam, Robert B. - estate  
MacLeod, Jim & Dawn  
McGray, Margaret - estate

Millard, George - estate  
Morisset, René & Eileen  
Nova Scotia / Nunavut Command  
of the Royal Canadian Legion  
Scotiabank  
Shapiro, Lorne - estate  
Thibeault, Dr. Donald W.  
Trask, Bernice & Michael Trask  
family  
Tri-County Betterment Association

**FOUNDERS**  
(\$250,000 and over)

Bezanson, Jean Maude - estate  
Comeau's Sea Foods Ltd.  
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## *YRH staff lottery: "I've actually won twice!"*

When Michelle Campbell-Upton joined the Environmental Services Department at Yarmouth Regional Hospital more than 10 years ago she jumped at the chance to enroll in the staff lottery. "I'm able to support the foundation, contribute to my community and at the same time there's the opportunity of winning something for myself," she said. "I've actually won twice."

The employee lottery draw for a \$1,000 tax-free prize takes place bi-weekly on payday and all Nova Scotia Health employees and registered volunteers of Yarmouth Regional, Digby General, and Roseway hospitals are eligible to participate with a \$5 per pay deduction. Funds raised are used to support the work of the foundations at Yarmouth, Shelburne and Digby hospitals.

Michelle was inspired to return to school while she was working full time to become a Continuing Care Assistant and now works on 4 South. She recognized the need to support the foundation's fundraising because she was able to observe the importance of all of the equipment necessary to serve the patients while she worked all over the hospital in housekeeping. "Much of the equipment is very expensive," she said, "and people from Digby around through to Shelburne come to Yarmouth for treatment and tests."

*Michelle, her husband and three adult daughters  
live in Yarmouth.*







## *Message from the site lead*

Tracey Watkins-Allen, Yarmouth Regional Hospital

Reflecting over the past 12 months, I am simply amazed at what has been accomplished. It has been an opportunity to be resilient, to learn patience, and practice kindness. No question, 2021 was incredibly busy and intense, as Yarmouth Regional Hospital continued to plan, prepare and respond to the challenge of COVID-19, but I am thankful for the amazing effort seen throughout YRH and Nova Scotia Health (NSH) as an organization, and I want to recognize how hard our teams have been working.

Many Nova Scotians are expressing a sincere and deep sense of gratitude for the work being done. This gratitude has been demonstrated by the support of Yarmouth Hospital Foundation and the generosity of the donors who enabled the foundation to commit \$1.5 million in support to the hospital for 2021. Donations help fund equipment and renovations that have not been funded by the government due to multiple priorities. Over the years, YHF has been there to help provide funding for equipment and services, which is very much appreciated. Quite simply, the foundation support helps the hospital deliver excellence in care.

As site lead, my role in working with the foundation is to identify and advocate for the top priorities in each area that had equipment needs in the Nova Scotia Capital Request system. Our administrative team was amazed and appreciative that the foundation supported all our top priority items. It is important to recognize that these equipment purchases enhance safety, provide our employees the tools they need to do their jobs, and support high-quality care. For example, ceiling lifts, which assist health care providers in positioning and moving patients, decrease risks to health care workers of musculoskeletal injury due to lifting and pulling and also promote a smoother, safer transfer for patients.

This was my first year as the Site Lead at YRH, and I have learned a great deal about the level of teamwork and coordination it takes to provide safe quality care to our patients. I feel fortunate to work with such a great team of health care professionals at YRH and that I have the privilege to represent the hospital and NSH locally to various stakeholders and the public.

Working with YHF is truly a pleasure and I would like to express a sincere thank you to the foundation for its ongoing support and to the donors for their generosity. The partnership between YRH and YHF is essential to our success, and I look forward to our continued partnership and the great things we can accomplish together.

*“Donations help fund equipment & renovations that have not been funded by the government due to multiple priorities.”*



## *Equipment in focus: bladder scanners*



In a medical setting, there's more to peeing than just emptying your bladder.

You may feel you have to go to the toilet for a wee very often without passing much, which could be a result of swelling creating the sensation of a full bladder where there isn't one – or you might have lots of wetting accidents. That can be a problem, too, as retained urine is a reservoir for bacteria and pathogens, which can cause urinary tract infections leading to damage of the renal structures and pain. There are many reasons why you might need to have a bladder scan, but avoiding infection is a big one, as is the monitoring of potential problems following childbirth, surgery or removal of a catheter.

Additionally: "It's important to know how much residual urine is in the bladder to indicate how you handle the patient," said Kristy Surette, Nurse Manager for Women's and Children's Services. *(pictured left)*

**In 2021, Yarmouth Hospital Foundation purchased two of the latest portable bladder scanners for Yarmouth Regional Hospital, totalling \$36,000.** One unit is shared by Women's and Children's Services and the OR, while the second serves the 3rd and 4th floors.

The upgrade from an unreliable older unit was gratefully received as a vast improvement in terms of accuracy and ease of use, Kristy said. "It's better for patient comfort, a lot less invasive and more accurate."

"We're very thankful to the foundation," she said. "It's so much better for patient care."

## *Finding & keeping doctors*

Many of us in the Tri-Counties know that it's not easy to find a family doctor. That's why Yarmouth Hospital Foundation financially supports the Community Navigator Program, part of the Physician Recruitment and Retention Project, an initiative in southwest Nova Scotia to attract and retain doctors in the local area. Rebecca Cassidy Rose *(pictured right)* was hired in September 2019, and continues in the role.

The Community Navigator is not a recruiter. Recruitment efforts are led by Nova Scotia Health and Dalhousie University's Faculty of Medicine. Her part is "to showcase our local communities and all we have to offer to medical professionals looking to set up or move their practice here," Rebecca said, "by facilitating local tours for interested doctors."

Although the foundation's traditional role is to purchase equipment, "it became clear that we should, and we must, do this for the benefit of our hospital and our community," said Dr. Harold Cook, board chair at the time the program was initiated.



*Yarmouth Hospital Foundation provides \$50,000 in annual funding to the Community Navigator program.*



# Our 2021 Donors

We wish to recognize the support of those donors who contributed \$100 or more during 2021 to Yarmouth Hospital Foundation (except those who expressed a wish to remain anonymous) and helped us make the impacts outlined in this report. Thank-you all!

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### A fond farewell

In 2021, we announced the retirement of our longtime managing director Paulette Sweeney-Goodwin and the appointment of her successor, Mary Surette. Paulette retired after more than 18 years as the foundation's first managing director and first permanent staff member.

"Since the first day of her appointment, Paulette has been forward thinking in advancing the betterment of YHF and promoting its attributes and opportunities to the community," said former board chair Dr. Harold Cook. "From day one, she connected to scores of donors in a personal and advisory manner, not intrusively but rather repeatedly drawing attention to the value of supporting the foundation. The exponential growth and broad community engagement of YHF over nearly two decades can be attributed significantly to her initiatives and leadership."

"It has been a source of pride, an honour, and a pleasure to work with the YHF Board and staff and our legion of donors, sponsors and volunteers," Paulette said.



### The Last Word



#### Mary Surette, YHF Managing Director

It is with great pleasure that we share the 2021 YHF Annual Impact Report with you — along with my first message as managing director. Your kindness resulted in another benchmark year for the foundation and our effectiveness can only be attributed to your generosity.

In total, the foundation received over \$750,000 in gifts and committed over \$1.5 million to equipment purchases for ten different departments in your regional hospital. This directly impacts the quality of health care in your community. Your charitableness has also enabled the foundation to support physician recruitment, five nursing scholarships and the launch of the new Commitment to Healthcare Community Fund. This is such welcome news given that in the last quarter of the year, we all experienced more changes in our lifestyle as COVID tightened its grip on our province once again.

This past year has definitely been one of change here at Yarmouth Hospital Foundation, but through change we see growth, opportunity and new beginnings. We were honoured to receive the prestigious distinction of accreditation from Imagine Canada. We also welcomed Neil LeBlanc as new board chair along with five new volunteer board members from across the Tri-Counties.

While we were saddened to see Paulette Sweeney-Goodwin, former managing director, leave on her retirement in June, we were excited for her to have some time to enjoy and relax after 18 years of hard work, passion and dedication! Thank you, Paulette, and happy retirement!

This past year has also been an opportunity for the foundation to re-imagine its digital footprint. We launched an updated, condensed, informative website. In addition, we have directed our attention to enhancing our marketing and social media strategies by hiring a marketing communications officer, Maia Mathieu, at the end of the year.

We're proud of the work put into our strategic plan and want to thank all our volunteers and you, our donors, for allowing us to serve our community while staying true to our values and mission of enhancing our hospital as a regional centre of excellence in health care.

## *Yarmouth Regional Hospital*



Your regional hospital proudly serves the nearly 70,000 people of Yarmouth, Digby and Shelburne counties.

Your donations to Yarmouth Hospital Foundation go towards providing vital hospital equipment and services for your community.

*Thank you.* 

## *YRH by the numbers, 2021*

### **Emergency Department**

Total ED visits  
**27,579**

Average visits a day  
**76**

### **Diagnostic Imaging**

Total DI exams  
**48,989**

CAT scans  
**10,664**

X-Rays  
**17,444**

MRI scans  
**3,481**

Ultrasound scans  
**7,939**

### **Cancer Centre**

Number of visits  
**3,038**

### **Renal Dialysis**

Number of visits  
**6,815**

### **Nutrition and Food Services**

Number of meals served  
**149,958**

### **Laboratory**

Number of lab tests  
**2,735,902**

### **Women and Children's Health Department**

Number of babies delivered  
**304**  
(5 year average)



There are many ways you can choose to help. No gift is too small and every dollar makes a difference in your regional hospital.

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# Ways to Give

## *One-Time Donation*

A gift by cheque, credit card or e-transfer is the most common way to give. You may also give online through our website.

## *Monthly Giving*

Monthly giving allows you to donate over 12 months by pre-authorized withdrawals from your bank account or recurring charges on your credit card.

## *Other Options*

A gift of stocks, bonds or securities is also an option. No income tax is paid on capital gains generated by this type of donation.

## *Plan for the Future*

You may wish to support your regional hospital through a gift in your will, or you may choose to make Yarmouth Hospital Foundation the beneficiary of an insurance policy.



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YHF raises funds to support and enhance Yarmouth Regional Hospital as a community and regional center of excellence in health care. The board and the staff of YHF are also committed to protecting the privacy of donors and potential supporters and are compliant with PIPEDA (Personal Information Protection and Electronics Documents Act).

We do not sell, lease, trade or share your information with anyone.