



Yarmouth Hospital Foundation

Making your donor dollars work for you in your community

V-Pro Low Temperature Sterilizer focus of Christmas Appeal

This season of giving, Yarmouth Hospital Foundation has announced that the focus of our annual Christmas Appeal is a V-Pro Low Temperature Sterilizer for the Medical Device Reprocessing Department. The total cost of the equipment is \$138,000.

This equipment is urgently necessary at the Yarmouth Regional Hospital, says Medical Device Reprocessing Department manager, Danny LeBlanc. "Low-temperature sterilizers are the most efficient and effective way to sterilize items that are heat sensitive, items such as cystoscopes," LeBlanc explains.

Gaining the capacity for low-temperature sterilization means Yarmouth Regional Hospital can now offer the 10-minute procedure that patients in the Tri-Counties previously have had to travel to Kentville or Bridgewater to undergo.

Urologist Dr. Trevor Butler, explains that "the addition of the flexible cystoscopy service at

Yarmouth Regional Hospital will be critical in providing timely investigation and management of patients with bladder cancer and other bladder conditions."

That's welcome news to patients like Linda from Carleton, who has made the five-hour return trip to Kentville twice a year for the past seven years.

With this purchase of state-of-the-art sterilization equipment, turn-around time needed for reprocessing necessary equipment will be reduced, meaning more procedures can be conducted. Every medical department in your regional hospital is impacted by the work of the Medical Device Reprocessing Department.

"Your donation is a gift to your regional hospital, and a gift of accessible health care for our communities," says YHF Board Chair Neil LeBlanc.

"Purchasing this equipment will mean a **very Merry Christmas** at Yarmouth Regional Hospital. Will you help us?"



You can donate by phone (902) 749-1669, by mail (PO Box 7 Yarmouth NS B5A 4B1), e-transfer to info@yarmouthhospitalfoundation.ca or donate online at our website (below). Every dollar helps your regional hospital.

Meet the new community cardiologist recruited with your help

Yarmouth Hospital Foundation's WE CARE Radiothon 2022 was special for a couple of reasons. Firstly, it was an all-virtual event that raised over \$179,000.



Secondly our fundraising focus was on cardiology equipment. Why is this so special? Because of **your** generosity, the cardiology equipment that you funded through the WE CARE Radiothon played a significant role in the recruitment of a community general cardiologist!

We announced at the time of the WE CARE Radiothon that a cardiologist would be starting in the fall, and here we are. It is our pleasure and privilege to introduce you to community general cardiologist **Dr. Joshua Janzen**.

Born in Calgary, Dr. Janzen was raised and educated through medical school and his internal medicine residency in Saskatchewan. After completing his internal medicine training, Dr. Janzen travelled out east to Halifax where he completed his cardiology residency training at Dalhousie University. Now, he's moved to our lovely corner of the world, and he says he's excited to be here and begin his practice.

Welcome to Yarmouth, Dr. Janzen!

You, our donors, have played a vital role in physician recruitment and expanding services at your regional hospital. Thank you for making this possible! Thank you for making a difference in health care!

Interview with YHF Chair, Neil LeBlanc

Yarmouth Hospital Foundation's vision and purpose is to support and enhance Yarmouth Regional Hospital as a community and regional centre of excellence in health care. That's the mission that guides Chair Neil LeBlanc and the rest of the 22-member board with representatives from Yarmouth, Digby and Shelburne Counties. "We have achieved such wonderful support over the years," Neil says. "But the needs of the hospital are ongoing. We know that there's a lot still to do."

Yarmouth Hospital Foundation has become the major source of funding for hospital equipment, he explains, noting the shift away from the province supplying most of the medical equipment needs. In the past two years, the foundation has committed \$4.5 million towards satisfying that objective, Neil says, adding that there will be another substantial commitment for 2023.

"We want to make sure the equipment is available, and that we do what we can to assist in advancing the scope of care our hospital can provide." He points to this year's Christmas Appeal funding project – a low-temperature sterilizer for medical equipment – as an example of the improvements to care the foundation's investment in equipment allows. "It means we'll be able to offer a service here that local patients had to drive to Kentville, Halifax or Bridgewater to get," Neil says.

"The foundation's challenge is to make sure we can continue to meet the need for new equipment, services and facilities by continuing to engage the support of our donors throughout the Tri-Counties," Neil says. "I believe that the foundation is an extension of our community, and the Tri-Counties take care of each other. I'm looking forward to a bright new year ahead."



"Integrating technology into health care is very much the future of health care," says YHF Board Chair, Neil LeBlanc.

Rolling out to the beach at Bayside

Bay Side Home in Barrington is a long-term care facility, providing care designed to meet the needs of the whole person and helping maintain a quality of life. Many of their residents require mobility assistance or are dependent on a wheelchair: this can limit their access to community or outdoor spaces. They were one of 11 organizations to receive a YHF Commitment to Health Care Community Fund grant in 2022. The grant allowed them to purchase Hippocampe all-terrain chairs, and the chairs immediately opened up the beautiful area in which they live for the residents to visit more often.

Along with the physical benefits, time spent in nature supports mental health and well-being. Bayside's Recreation Manager, Megan Lemoine noted, "Being outdoors attributes to better moods, decrease the chance of depression, reduced stress, provide opportunities for socialization and improve

cognitive function." All that and the Atlantic Ocean, too!

Keep an eye on our social media early in the new year for the announcement of 2023's grant winners!



Over three million dollars committed in vital equipment for your regional hospital this year

2022 Purchase Commitments	Cost
Cardiac Equipment (Echo unit, TEE probe, scanning bed, stress unit) for Diagnostic Imaging	\$300,000
8 Multiparameter Patient Monitors for the Emergency Dept.	\$300,000
16 Multiparameter Patient Monitors for the Intensive Care Unit	\$455,000
2 Microtome / Water Baths for the Laboratory	\$61,530
Arjo tub for Med/Surg Ward - 4th Floor East	\$38,969
Low temperature Sterilizer (V-Pro) for Medical Device Reprocessing	\$138,000
Complete Tray Delivery System for Nutrition & Food Services	\$56,403
Minimally Invasive Surgical (MIS) Suite Equipment for Perioperative Services	\$1,563,888
Unweighting System for Rehabilitation	\$13,326
Airwave Oscillometry System for Respiratory Services	\$16,921
3 Multiparameter Patient Monitors for Women & Children's Health	\$61,530
Total	\$3,005,566



Minimally-invasive surgical (MIS) suite
Gina Leaman, Perioperative Services Nurse Manager, tells us that "the impact of the upgraded MIS suites will be tremendous: a minimally invasive procedure versus a major surgery saves the patient recovery time, time off work and post op pain."

Complete Tray Delivery System
Nutrition and Food Services serve nearly 150,000 meals a year throughout the hospital: this equipment makes that easier & helps improve patient satisfaction.



\$56,403



2 x Microtome & Water Bath
This equipment provides the consistency of results in tissue analysis required for appropriate clinical diagnoses.

\$61,530

\$1,563,888



\$755,000 for 24 monitors

24 Multi-parameter monitors
Dr. Brian Moses, YRH site lead for Internal Medicine, told us that this equipment "allows us to continue providing state-of-the-art cardiac care, and to safely care for complex, but not critical, cardiac patients on the wards without requiring the use of an ICU bed."



\$300,000 as a package

Cardiac Equipment (TEE Probe, Stress Echo Bed, Cardiac Stress Unit, Echocardiography Unit)
This equipment enabled the hiring of a new community cardiologist, and the availability of new services at your regional hospital.



\$13,326

Unweighting System
This equipment is essential for physical rehab as it allows patients to safely mobilize without fully bearing weight, creating a safer environment for both patients and staff.

Airwave Oscillometry System
This equipment will help the diagnosis and treatment of conditions such as asthma, COPD and sleep apnea.



\$16,921

"Health care is expensive and government funding simply cannot cover the cost of all new or replacement equipment, or the seeding of new initiatives. Donor and community support is how we take your regional hospital from 'good' to 'great,'" says Mary Surette, Yarmouth Hospital Foundation Managing Director.
"The impact that our donors have on health care in the Tri-Counties cannot be over-stated. You are all making a real difference in the lives of your loved ones. Thank you!"



Your donations working for you, in your community.



Introducing our nine 2022 Nursing Scholarship Winners

This is a year for firsts for the Yarmouth Hospital Foundation scholarship program. For the first time, we have nine scholarships to award, among them the \$5,000 Sara Corning Equity, Diversity, Inclusivity Scholarship, named after the Yarmouth nurse who helped rescue and care for thousands of Armenian and Greek orphans for many years after World War I. The other three new scholarships, each valued at \$3,000 were endowed this year by an anonymous donor.

Meet our winners:

YHF SCHOLARSHIP \$5,000

Carson Duffus



"From a young age, I desired to be in a profession that would provide me with satisfaction, fulfillment and empowerment. To me, the nursing profession encapsulates all these traits."

DAVID R. HALL SCHOLARSHIP \$5,000

Abbey Miller



"As a patient in ICU, many people in many health care disciplines helped me, but the nurses were the ones who really made a lasting impact. Throughout my practice I hope to give others what they gave to me."

SARA CORNING EQUITY DIVERSITY, INCLUSIVITY SCHOLARSHIP \$5,000

Mourisia Campbell



"I've always wanted to be a nurse from a very young age but never really knew why until my sister was born. My mother had a very difficult birth and everyone was freaking out except one nurse. She is my inspiration."

SCHOLARSHIP A \$3,000

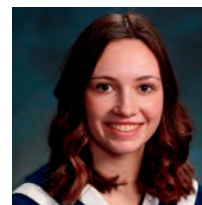
Jen MacLean



"I want to give back to my community by helping in the best way I can with the nursing shortages due to the the health care crisis."

SCHOLARSHIP B \$3,000

Marin Callaghan



"My dad has been a very important role model in my life and is one of the reasons I decided to pursue nursing. My goal is to pursue pediatric nursing or possibly oncology."

SCHOLARSHIP C \$3,000

Jenna Ebbett



"I'm excited to be able to help people get better and make people more comfortable when they are sick or injured."

DRs. RAJENDER & ASHA PARKASH SCHOLARSHIP \$2,500

Hanna Marshall



"It pains me to see people hurting and struggling to gain access to our limited health care resources. It motivates me every single day to pursue my dream as a nurse so that I can help support those in need of medical care."

EILEEN R. MORISSET SCHOLARSHIP \$2,000

Giselle Spidle



"I've had many experiences in the last few years in health care and I've realized this is exactly where I'm meant to be. My main goal in life is to have an impact on the lives of others by making their hard days better ones."

LINA & ALPHIE COMEAU MEMORIAL SCHOLARSHIP \$1,500

Rayanne Oakley



"My whole life I've always wanted to help people in any way I could. The thought that one day I could possibly help others get through their battles or struggles encourages me to persevere on a daily basis."

Our impact, 2022, in addition to equipment purchases

11

DEPARTMENTS RECEIVING VITAL EQUIPMENT

\$150K

GRANT FUNDING FOR COMMUNITY HEALTH CARE PROJECTS

1

NEW CARDIOLOGIST RECRUITED THANKS TO OUR DONORS

9

NURSING SCHOLARSHIPS FUNDED (DAL YARMOUTH)

+ 2

NSCC (BURRIDGE) LPN SCHOLARSHIPS FUNDED

PHYSICIAN RECRUITMENT INITIATIVES WE CONTRIBUTE TO INCLUDE

The Dalhousie University Family Medicine Residency Program and the Community Navigator Program.

Dr. Prabhu reflects

Dr. Umesh Prabhu completed his initial medical training in his home country of India, then pursued internal medicine training in Aberdeen, Scotland. In the late 1980s, a recruiter enticed him and his wife to move to Canada. He completed his internal medicine fellowship with a specialty in gastroenterology, a branch of medicine that deals with disorders of the stomach or intestines, at Dalhousie University.

While shopping around for a place to set up his practice, he visited Yarmouth and our regional hospital for the first time in 1992 at the request of then Chief of Staff Dr. Margaret Churchill. "Everyone was so friendly and welcoming, and I thought, this is my place," Dr. Prabhu recalls, sitting at the same desk in the same office that he opened on the third floor at Yarmouth Regional Hospital 30 years ago.

Looking back over his years in Yarmouth, Dr. Prabhu continues to enjoy his work. "It's a nice feeling to know that your patients are getting better and are well cared for," he says. "The staff have been very kind to me. You can't put a price tag on working in a congenial atmosphere."



Dr. Prabhu, who sits on the council of the College of Physicians and Surgeons of Nova Scotia, is very supportive of the family practice and internal medicine residency programs at the hospital.

"I would like to champion our hospital, our community and I hope new graduates continue to show interest in staying on after completing their family practice and internal medicine training," he says, adding, "I am really impressed and grateful for the excellent job the foundation is doing in supporting all our hospital programs."

A thank-you from a staff member at your regional hospital

Stephanie Pitman, Assistant Manager for Women and Children's Health Unit, Yarmouth Regional Hospital, said she couldn't let the holiday season go by without taking the time to say 'thank you' to the foundation and our donors:

"The foundation's fundraising gives us the pieces of the puzzle we need to do our jobs. To all the foundation's donors, thank you for all our tools. We could not function as a department without your support."



Thank you!



yhf socials

To keep up with all the latest goings-on at Yarmouth Hospital Foundation, follow us on social media.



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